

**Programme:** MSW  
**Course Title:** GROUP WORK  
**Course Code:** SWTC-403  
**Number of Credits:** 4  
**Effective from Academic Year:** 2022-2023

<b><u>Course prerequisite:</u></b>	Registration in the MSW Programme at Goa University or its affiliated colleges	
<b><u>Objectives:</u></b>	<ol style="list-style-type: none"> <li>1. To understand the specific characteristics of Group Work and its contributions as a method of social work intervention.</li> <li>2. To gain knowledge about group formation and the use of a variety of group approaches.</li> <li>3. To develop an understanding of concepts, dynamics and small group theory in relation to all types of groups, e.g. family, staff, committee, long-term client groups.</li> <li>4. To identify the various situations and settings where the method could be used, in the Context of social realities of the country.</li> </ol>	
<b><u>Content:</u></b>	<b>Module I: Social Group Work Method and Group Work Process</b> i. Concept of group and its importance of groups in human life cycle; ii. Definition of social group work; iii. Characteristics of social group work; iv. History and development of social group work. v. Theories applicable to group work practice; vi. Values and distinctive principles of Group Work; vii. Social group work in different fields; viii. Types of groups in social group work practice-open and closed groups, social treatment groups, task oriented groups (forum, committees and work team), developmental groups (self-help groups and support groups); ix. Steps in group formation; x. Stages in group development: pre-group stage, orientation stage, problem solving stage, termination stage; xi. Role of social worker in different stages of group development.	15 hours
	<b>Module II: Use of Programme in Social Group Work and Skills of Group Worker</b> i. Concept of programme; ii. Principles of programme planning; iii. Importance of programme in group work practice; iv. Programme planning and implementation; v. For group development; vi. For programme planning; vii. For programme implementation.	15 hours
	<b>Module III: Group Process and Dynamics and Use of Techniques and Tools in Group Work</b>	15 hours

	<p>i. Steps in understanding group process; ii. Analysis of group interaction; iii. Leadership and its development in group process; iv. Communication in group; v. Group dynamics: - group bond, sub-groups, group conflict, confrontation, apathy and group control; vi. Use of relationship; vii. Conflict resolution; viii. Verbal and non-verbal communication; ix. Purposeful creation of environment; x. Fishbowl technique.</p> <p><b>Module IV: Recording in Group Work and Evaluation of Group Work</b>  Use of communication-self and interpersonal communication, Recordings  i. Importance of recording in group work; ii. Principles of recording; iii. Types of recording-narrative, process and summary; iv. Techniques of recording –observation, sociogram, interaction diagrams; v. Importance of continuous evaluation in group work; vi. Types of evaluation; vii. Methods of evaluation.</p>	15 hours
<b><u>Pedagogy:</u></b>	Classroom lectures through power point, classroom discussions and role play	
<b><u>Recommended Readings:</u></b>	<p>Alissi, A. S. (2008). Perspectives on Social Group Work Practice. United Kingdom: Free Press.</p> <p>Barhard. (1975). <i>The Use of Groups in Social Work Practice, USA</i>: Rutledge and Kegan Paul.</p> <p>Doel, Mark and Sawda, Catherine. (2003). <i>The Essentials of Group Worker</i>, London: Jessica Kingsley Pub.</p> <p>Douglas, Tom. (1976). <i>Group Process in Social Work - a Theoretical Synthesis</i>, New York: John Wiley and Sons.</p> <p>Encyclopedia of Social Work with Groups. (2009). (n.p.): Taylor &amp; Francis.</p> <p>Handbook of Social Work with Groups, Second Edition. (2017). United Kingdom: Guilford Publications.</p> <p>Heap, K. (2014). <i>Group Theory for Social Workers</i>. Netherlands: Elsevier Science.</p> <p>Konopka Gisela. (1983). <i>Social Group Work a Helping Process</i>, 3rd Ed New Jersey: Prentice Hall.</p> <p>Kurland, R., Northern, H. (2001). <i>Social Work with Groups</i>. United States: Columbia University Press.</p>	

	<p>Lang, N. C. (2010). <i>Group Work Practice to Advance Social Competence: A Specialized Methodology for Social Work</i>. United States: Columbia University Press.</p> <p>McDermott, F. (2020). <i>Inside Group Work: A Guide to Reflective Practice</i>. United Kingdom: Taylor &amp; Francis.</p> <p>Northern, Helen. (1969.) <i>Social Work with Groups</i>, New York: Columbia University Press.</p> <p>Northen, Helen, et al .(1976). <i>Theory of Social Work with Groups</i>, New York: Columbia University Press.</p> <p>Phillips, Helen. (1962). <i>Essentials of Social Group Work Skills</i>, New York: Associate Press.</p> <p><i>Principles and Practice of Group Work in Addictions</i>. (2011). United Kingdom: Taylor &amp; Francis.</p> <p>Reid E. Kenneth. (1996). <i>Social Work Practice with Groups - A Clinical Perspective</i>, USA: Brook/Cole Publishing Company.</p> <p>Siddiqui, H.Y. (2008) <i>Group Work: Theories and Practices</i>, Rawat Publications, New Delhi.</p> <p>Strength and Diversity in Social Work with Groups: Think Group. (2008). United States: Taylor &amp; Francis.</p> <p>Trecker, Herleigh. (1970). <i>Social Group Work-Principles and Practices</i>, New York: Associate Press.</p> <p>Toseland, R. W., Rivas, R. F. (2016). <i>An Introduction to Group Work Practice</i>. Canada: Pearson Education.</p>
<b><u>Learning Outcomes</u></b>	<p>Students will develop skills and knowledge of methods for group work. Students will develop an understanding of the place of group work in social work intervention and the tools used in group work in different settings.</p>