

Programme: MSW

Course Title: HUMAN GROWTH AND BEHAVIOUR

Course Code: SWTC-405

Number of Credits: 2

Effective from Academic Year: 2022-2023

<u>Course prerequisite :</u>	Registration in the MSW Programme at Goa University or its affiliated colleges	
<u>Objectives:</u>	<ol style="list-style-type: none">1. To develop an overall understanding of the principles of growth, their relevance and application to behaviour at various phases in the life span.2. To apply the information of growth, development and health in social work practice in general and to individuals, groups and communities in particular.3. To understand the implications of family norms for status of individuals and developmental opportunities in the family by age and gender.	
<u>Content:</u>	Module I: Introduction to Growth and Behaviour Meaning of growth and development and maturity, Approaches to the study of human development— observation, experimentation, case studies, self-report techniques and longitudinal studies, Principles of human development, Biological and Social aspects of human development, Life- Span Perspective and the System approach to the understanding of human growth and behavior, Methods of studying human behavior, Role of Heredity and Environment- Social Customs, traditions, values in child rearing practices, deprivation and development.	10 hours
	Module II: Critical Understanding of Theories of Human Development Psychodynamic Theories—Freud's psychosexual theory and Erikson's psychosocial theory; Behavioural Theories, Social Learning Theory, Piaget's Theory of Cognitive Development, Behaviour Management.	10 hours
	Module III: Developmental Stages Physical, cognitive and moral development of the following developmental stages: prenatal period, infancy, babyhood, early childhood, late childhood, adolescence, early adulthood, middle age and old age.	10 hours
<u>Pedagogy:</u>	Use of Power point presentations, use of charts, videos and group discussions	

Recommended Readings:

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders*, (5th Ed.) Washington, DC: American Psychiatric Association.

An Introduction to Psychology. (2009). India: Sterling Publishers Private Limited.

Berk, L. E. (2006). *Child Development (Seventh Edition)*, Boston: Pearson Education.

Caplan, G. (1961). *An Approach to Community Mental Health*. London: Tavistock Publications

Clifford, M., King, Weinz and Schopler (1998). *Introduction to Psychology*. 6th ed. New Delhi: Tata Mc Graw Hill Publishing Company Limited.

Haight, W. L., Taylor, E. H., Soffer-Elnekave, R. (2020) *Human Behavior for Social Work Practice: A Developmental-Ecological Framework*. United Kingdom: Oxford University Press.

Handbook of Child Psychology, Social, Emotional, and Personality Development. (2006). Germany: Wiley.

Human Behaviour Theory and Social Work Practice. (2017). United Kingdom: Taylor & Francis.

Hurlock, Elizabeth. (2001.) *Developmental Psychology*, New York: Tata Mc Graw Hill.

Ingleby, E. (2010). *Applied Psychology for Social Work*. United Kingdom: SAGE Publications.

Morgan, C.T., King, R.A., Weisz, J.R., and Schopler, J. 2001. *Introduction to Psychology*, New Delhi: McGraw-Hill.

Salkind, N. J. (2001). *Child Development*. Macmillan Library references.

Sharf R. S. (2000). *Theories of Psychotherapy and Counselling*, Australia: Brooks/Cole, 2nd Edition.

Steinberg, Laurence. (1993). *Adolescence*, New York, McGraw Hill Inc.

Sudbery, J. (2009). *Human Growth and Development: An Introduction for Social Workers*. Taylor & Francis.

	<p>Thomas, R. M. (2001). <i>Recent theories of human development</i>. United Kingdom: SAGE Publications.</p> <p>The Cambridge Encyclopaedia of Child Development. (2017). India: Cambridge University Press.</p>
<u>Learning Outcomes</u>	Students will develop an understanding of human growth and the different stages of development; the changes associated with each stage and develop a sensitivity to human problems.