

Specialization 7: Medical and Psychiatric Social Work (M)

Programme: Master of Social Work

Course Title: Introduction to Mental Health and Psychiatric Disorders

Course Code: SWM621

Number of Credits: 4

Effective from Academic Year: 2022-2023

<b><u>Course prerequisite:</u></b>	Registration in the MSW Programme at Goa University or its affiliated colleges	
<b><u>Objectives:</u></b>	1. Acquire understanding on concept of mental health and psychopathology 2. Demonstrate knowledge and skills of assessment in mental health settings. 3. Demonstrate knowledge of clinical psychopathology. 4. Develop an understanding of the nature, causes, types and treatment of mental health disorders in children, adolescents and adults. 5. Acquire knowledge of Socio-Cultural Factors influencing mental health.	
<b><u>Content:</u></b>	<p><b>Module 1 Mental Health diagnosis and classification:</b>            Concept of mental health: Characteristics of mentally healthy person, positive mental health. Normality and abnormality. Classification of psychological disorders– History, Need, and types, psychosis and neurosis. Introduction to ICD 10 and DSM IV TR, ICF – Overview of diagnostic guidelines</p> <p><b>Module 2 Psychiatry and Psychiatric Assessment:</b>            Psychiatry - History and Growth, , Historical development of Psychiatric Social Work in India and Abroad, Functions, Role and Scope of Psychiatric Social Work. Assessment in psychiatry: Psychiatric interviewing, Mental status examination, diagnostic formulation.</p> <p><b>Module 3 Neurotic and Behavioural Syndrome:</b>            Prevalence, aetiology, clinical manifestation, course and outcome and different treatment modalities of: Neurotic, stress-related and somatoform disorders – Phobia, Obsessive Compulsive Disorder, Panic Disorder, Generalized Anxiety Disorder, Dissociative Disorder, Somatoform Disorder, Behavioural syndrome associated with physiological disturbances and factors- Eating Disorders, Sleep Disorders, Sexual Dysfunction.</p>	<p>10 hours</p> <p>10 hours</p> <p>15 hours</p>

	<p><b>Module 4 Psychological Disorders:</b> Childhood Disorders: Mental Retardation, Pervasive Developmental Disorder, ADHD, Conduct Disorders, Habit Disorders, Behavioural and Emotional disorder in children.</p> <p>Prevalence, aetiology, clinical manifestation, course and outcome and different treatment modalities of: Organic Disorders – Dementia, Delirium Epilepsy, degenerative disorders</p> <p>Alcohol and Substance Abuse</p> <p>Personality Disorders: Paranoid, Histrionic, Anxious-avoidant, Types and manifestations of Anti-social personality</p> <p><b>Module 5 Schizophrenia and Mood Disorders:</b> Prevalence, aetiology, clinical manifestation, course and outcome and different treatment modalities of: Schizophrenia, schizotypal and delusional disorders, Mood [affective] disorders – Mania and Depression</p>	<p>15 hour s</p> <p>10 hour s</p>
<b><u>Pedagogy:</u></b>	Classroom teaching, use of videos and charts, field visits, guest lectures and group discussions	
<b><u>References:</u></b>	<p>American Psychiatric Association (2022), Diagnostic and Statistical manual of mental disorders text revision (5ed) washington, d.c: American Psychiatric Association.</p> <p>Hamilton, M.(1994). Fish's Clinical Psychopathology. Bombay: Varghese Publishing House.</p> <p>Namboothiri, V.M.D. (2009). Concise Textbook of Psychiatry. Gurgaon: Elsevier Health Sciences.</p> <p>Niraj Ahuja (2011) A Short Textbook of Psychiatry, 7th Edition, Jaypee Brothers Medical Publishers (P) Ltd., New Delhi.</p> <p>Richard. Cowen, Philip. (2001) Shorter Oxford Textbook of Psychiatry. New Delhi: Oxford University Press</p> <p>Sadock, B., Kaplan, H. &amp; Sadock, V. (2000). Comprehensive Textbook of Psychiatry. Hagerstwon: Lippincott Williams &amp; Wilkins.</p> <p>Vyas J.N. &amp; Ahuja Niraj (1999) :Textbook of Postgraduate Psychiatry (2nd Ed.) Vol.1, Jaypee Brothers Medical Publishers (P) Ltd., New Delhi.</p> <p>Vyas J.N. &amp; Ahuja Niraj (1999) :Textbook of Postgraduate Psychiatry (2nd Ed.) Vol.2, Jaypee Brothers Medical Publishers (P) Ltd., New Delhi.</p> <p>World Health Organization. (1992). The ICD-10 classification of mental and behavioural disorders : clinical descriptions and diagnostic guidelines. World Health Organization  <a href="https://apps.who.int/iris/handle/10665/37958">https://apps.who.int/iris/handle/10665/37958</a> </p>	
<b><u>Course Outcomes:</u></b>	Students will understand mental health diagnosis and its classification, they will be able to conduct MSE and psychiatric case history taking and its assessment.	