

Programme: MSW

Course Title: CASE WORK AND COUNSELLING

Course Code: SWTC-402

Number of Credits: 4

Effective from Academic Year: 2022-2023

<u>Course prerequisite:</u>	Registration in the MSW Programme at Goa University or its affiliated colleges	
<u>Objectives:</u>	<ol style="list-style-type: none">1. To understand case work as a method of social work; and understand the values and principles of working with individuals and families.2. To develop the ability to critically analyze problems of individuals and families and factors affecting them.3. To enhance understanding of the basic concepts, tools and techniques in working with individuals and families, in problem-solving and in developmental work.4. To develop counselling skills and attitudes to work with individuals and their families and the interaction with their various environments.	
<u>Content:</u>	<p>Module I- Introduction, Principles and Models of Social Case Work</p> <p>Introduction to Social Casework as a Method of Social Work, Concept and Definitions, Components of casework: Person-client; significant others and collaterals; Problem-Need, Impaired Social Functioning; Place-Agency, objectives, functions, policies and resources; Process: casework intervention.</p> <p>Principles: Begin where the client is; Individualization; Purposeful expression of feelings; Controlled emotional involvement; Acceptance; Non-judgmental attitude; Client self-determination; Confidentiality.</p> <p>Models: a) Social Diagnostic (Richmond); b) Supportive and Modificatory (Hamilton); c) Problem Solving (Perlman);d) Crisis intervention (Rapport) e) Classified treatment method; f) Competence Based approach</p> <p>Module II-Tools of Working with Individuals and Families</p> <p>Intake-record/sheet and the intake interview (client engagement); Casework interview; Home visit-collateral contacts, Recording and its types– narrative, process, problem oriented record keeping (PORK), Subjective and objective assessment plan (SOAP), Use of casework records as a tool of</p>	<p>15 hours</p> <p>15 hours</p>

	<p>intervention, Caseworker–client relationship, Knowledge of resources (networking), Case presentation as tool of professional development.</p> <p>Module III - The Process of Intervention with Client System and Target System a. Study; b. Continuous Assessment and Analysis; c. Psycho-social diagnosis; d. Intervention; e. Follow-up; f. Termination; g. Case Presentation based on Fieldwork Practice</p> <p>Module IV- Counselling in Casework in Practice Counselling skills, process and techniques. Counselling in different settings. Ethical issues in Counselling. Social casework and Counselling – similarities and differences; Limitations of the methods. Role of the caseworker/counsellor</p>	<p>10 hours</p> <p>20 hours</p>
<p><u>Pedagogy:</u></p>	<p>Classroom learning through power point presentation, case studies and mock counselling sessions through role play.</p>	
<p><u>Recommended Readings:</u></p>	<p>American Psychiatric Association. (2013). <i>Diagnostic and statistical manual of mental disorders</i>, (5th Ed.) Washington, DC: American Psychiatric Association.</p> <p><i>Case Studies in Social Work Practice</i>. (2014). Germany: Wiley.</p> <p>Datar, Sudha et al. (2010), <i>Skill Training for Social Workers</i>, New Delhi: Sage Publications</p> <p>Devi, Rameshwari and Prakash, Ravi. (2004.) <i>Social Work Methods, Practice and Perspectives: Ch.3 Models of Casework Practice</i>, Vol. II, Jaipur: Mangal Deep Publication.</p> <p><i>Ethical Issues in Social Work Practice</i>. (2017). United States: IGI Global.</p> <p>Garrett, Annett. (1972.) <i>Interviewing–Its Principles and Methods</i>, New York: Family Service Association of America.</p> <p>Higham, P. (2019). <i>Communication and Interviewing Skills for Practice in Social Work, Counselling, and the Health Professions</i>. United Kingdom: Taylor & Francis.</p> <p>Holosko, M. J. (2017). <i>Social Work Case Management: Case Studies from the Frontlines</i>. United States: SAGE Publications.</p> <p>Kadushin, Alfred. (1990.) <i>The Social Work Interview</i>, New York: Columbia University Press.</p> <p>Kottler Jeffery A., David S. Shepard. (2008.) <i>Counselling Theory and Practice</i> (1st Edition).</p> <p>Loughran, H. (2018). <i>Counselling Skills for Social Workers</i>. United Kingdom: Taylor & Francis.</p> <p>Mathew, Grace. (1992.) <i>An Introduction to Social Case Work</i>, Bombay: Tata Institute of Social Sciences.</p>	

	<p>Miller, P. (2007). <i>Ethical Decision Making in Social Work and Counselling: A Problem/inquiry-based Approach</i>. Canada: Thomson Nelson.</p> <p>Perlman, Helen Harris. (1964.) <i>Social Case Work – A Problem Solving Process</i>, London: University of Chicago Press</p> <p>Seden, J. (2005). <i>Counselling Skills in Social Work Practice</i>. United Kingdom: Open University Press.</p>
<p><u>Learning Outcomes</u></p>	<p>Students will develop skills and sensitivity for casework. They will understand casework as a method, its application in practice and develop competencies in the use of the method in practice while working with individual clients and families as part of the Social Work Practicum.</p>