

**Programme: MSW**

**Course Title: CASE WORK AND COUNSELLING**

**Course Code: SWTC-402**

**Number of Credits: 4**

**Effective from Academic Year: 2022-2023**

<b><u>Course prerequisite:</u></b>	Registration in the MSW Programme at Goa University or its affiliated colleges	
<b><u>Objectives:</u></b>	<ol style="list-style-type: none"><li>1. To understand case work as a method of social work; and understand the values and principles of working with individuals and families.</li><li>2. To develop the ability to critically analyze problems of individuals and families and factors affecting them.</li><li>3. To enhance understanding of the basic concepts, tools and techniques in working with individuals and families, in problem-solving and in developmental work.</li><li>4. To develop counselling skills and attitudes to work with individuals and their families and the interaction with their various environments.</li></ol>	
<b><u>Content:</u></b>	<p><b>Module I- Introduction, Principles and Models of Social Case Work</b></p> <p>Introduction to Social Casework as a Method of Social Work, Concept and Definitions, Components of casework: Person-client; significant others and collaterals; Problem-Need, Impaired Social Functioning; Place-Agency, objectives, functions, policies and resources; Process: casework intervention.</p> <p><b>Principles:</b> Begin where the client is; Individualization; Purposeful expression of feelings; Controlled emotional involvement; Acceptance; Non-judgmental attitude; Client self-determination; Confidentiality.</p> <p><b>Models:</b> a) Social Diagnostic (Richmond); b) Supportive and Modificatory (Hamilton); c) Problem Solving (Perlman); d) Crisis intervention (Rapport) e) Classified treatment method; f) Competence Based approach</p> <p><b>Module II-Tools of Working with Individuals and Families</b></p> <p>Intake-record/sheet and the intake interview (client engagement); Casework interview; Home visit-collateral contacts, Recording and its types– narrative, process, problem oriented record keeping (PORK), Subjective and objective assessment plan (SOAP), Use of casework records as a tool of</p>	<p>15 hours</p> <p>15 hours</p>

	<p>intervention, Caseworker–client relationship, Knowledge of resources (networking), Case presentation as tool of professional development.</p> <p><b>Module III - The Process of Intervention with Client System and Target System</b>  a. Study; b. Continuous Assessment and Analysis; c. Psycho-social diagnosis; d. Intervention; e. Follow-up; f. Termination; g. Case Presentation based on Fieldwork Practice</p> <p><b>Module IV- Counselling in Casework in Practice</b>  Counselling skills, process and techniques. Counselling in different settings. Ethical issues in Counselling. Social casework and Counselling – similarities and differences; Limitations of the methods. Role of the caseworker/counsellor</p>	<p>10 hours</p> <p>20 hours</p>
<b><u>Pedagogy:</u></b>	Classroom learning through power point presentation, case studies and mock counselling sessions through role play.	
<b><u>Recommended Readings:</u></b>	<p>American Psychiatric Association. (2013). <i>Diagnostic and statistical manual of mental disorders</i>, (5th Ed.) Washington, DC: American Psychiatric Association.</p> <p><i>Case Studies in Social Work Practice</i>. (2014). Germany: Wiley.</p> <p>Datar, Sudha et al. (2010), <i>Skill Training for Social Workers</i>, New Delhi: Sage Publications</p> <p>Devi, Rameshwari and Prakash, Ravi. (2004.) <i>Social Work Methods, Practice and Perspectives: Ch.3 Models of Casework Practice</i>, Vol. II, Jaipur: Mangal Deep Publication.</p> <p><i>Ethical Issues in Social Work Practice</i>. (2017). United States: IGI Global.</p> <p>Garrett, Annett. (1972.) <i>Interviewing–Its Principles and Methods</i>, New York: Family Service Association of America.</p> <p>Higham, P. (2019). <i>Communication and Interviewing Skills for Practice in Social Work, Counselling, and the Health Professions</i>. United Kingdom: Taylor &amp; Francis.</p> <p>Holosko, M. J. (2017). <i>Social Work Case Management: Case Studies from the Frontlines</i>. United States: SAGE Publications.</p> <p>Kadushin, Alfred. (1990.) <i>The Social Work Interview</i>, New York: Columbia University Press.</p> <p>Kottler Jeffery A., David S. Shepard. (2008.) <i>Counselling Theory and Practice</i> (1<sup>st</sup> Edition).</p> <p>Loughran, H. (2018). <i>Counselling Skills for Social Workers</i>. United Kingdom: Taylor &amp; Francis.</p> <p>Mathew, Grace. (1992.) <i>An Introduction to Social Case Work</i>, Bombay: Tata Institute of Social Sciences.</p>	

	<p>Miller, P. (2007). <i>Ethical Decision Making in Social Work and Counselling: A Problem/inquiry-based Approach</i>. Canada: Thomson Nelson.</p> <p>Perlman, Helen Harris. (1964.) <i>Social Case Work – A Problem Solving Process</i>, London: University of Chicago Press</p> <p>Seden, J. (2005). <i>Counselling Skills in Social Work Practice</i>. United Kingdom: Open University Press.</p>
<b><u>Learning Outcomes</u></b>	<p>Students will develop skills and sensitivity for casework. They will understand casework as a method, its application in practice and develop competencies in the use of the method in practice while working with individual clients and families as part of the Social Work Practicum.</p>