

## OPTIONAL COURSES

**Programme:** M. A. (Women's Studies)

**Course Code: WS0-111**

**Title of the Course:** WOMEN'S HEALTH - CRITICAL DEBATES

**Number of Credits: 4**

**Effective from Academic Year: 2018-19**

<b><u>Prerequisites for the course:</u></b>	Student should be registered with Goa University Post-Graduate Programme	
<b><u>Objective:</u></b>	The course discusses the debates around health policy and programme in India and stresses the potential for women's agency and autonomy with respect to improving their health and environments.	
<b><u>Content:</u></b>	<b>Module 1:</b> Health, Gender and Power: Discrimination, Food access and Health. Traditional medicine: women and the power of knowledge over traditional health systems, family kitchens, pregnancy and childbirth etc. Harmful traditional practices and women's health. Women's bodies as sites of control -menstruation, family planning and contraceptive technology. The gender of health care providers.	12 Hours
	<b>Module 2:</b> Health Policy in India: Welfare to Empowerment, Family Planning, Surrogacy Laws, Maternity Benefit Act. Reproductive health and health care. Debates around Pre-Conception and Pre-Natal Diagnostic Test (PCPNDT) Act, abortion and medical termination of pregnancy. Women's health and the global environment. Medicalization of women's health concerns. Women as consumers of health care and health insurance.	12 Hours  14 Hours
	<b>Module 3:</b> Women's Experience and Health: Health and Violence: Psychological concerns and women coping with stress (pre-menstrual syndrome, post-natal depression and other mental health concerns): Alcoholism, drug abuse. Lifestyle and health including sterility. Special issues in women's health (menopause, cervical and breast cancer, hysterectomy, violence, AIDS and aging). Occupational health concerns (women in construction, mining etc.) and health issues of marginalized women (commercial sex workers, women living in remote locations, etc.)	10 Hours

	<b>Module 4:</b> Understanding health from available data sources (sex ratio, mortality, morbidity, hygiene and sanitation, etc.): WHO, NFHS, DLHS, State Health Intelligence Bureaus etc. State health related schemes and programmes.	
<b><u>Pedagogy:</u></b>	lectures/brain-storming sessions/assignments/self-study/ documentaries and discussion/ group readings and discussions/ poster making/presentations	
<b><u>References/Readings</u></b>	<p>Andrist Linda. 1997. A Feminist Model for Women's Health Care in <i>Nursing Inquiry</i>. Vol. 4. Pp. 268-277</p> <p>Conrad Peter. 2001. <i>The Sociology of Health &amp; Illness</i>. New York: Worth Publishers.</p> <p>Desouza Shaila (ed.) 2006. <i>Women's Health in Goa: A Holistic Approach</i>. New Delhi: Concept Publishers.</p> <p>Desouza Shaila. 2005. <i>A Situational Analysis of Women and Girls in Goa</i> (Monograph) New Delhi: National Commission for Women. (This document is available online on the NCW website and has been included as there is no other document containing similar information about Goa)</p> <p>Dubriwny Tasha N. 2013. <i>The Vulnerable Empowered Woman: Feminism, Postfeminism, and Women's Health</i>. USA: Rutgers University Press.</p> <p>Hankivsky Olena. 2012. Women's Health, Men's Health, and Gender and Health: Implications of Intersectionality in <i>Social Science &amp; Medicine</i>. Elsevier. Vol. 74 (12), pp. 1712-1720.</p> <p>Inhorn Marcia C. 2006. Defining Women's Health: A Dozen Messages from More than 150 Ethnographies in <i>Medical Anthropology Quarterly</i>. New Series. Vol. 20 (3) pp. 345-378.</p> <p>Karkal Malini (ed.) 1995. <i>Our health: How does it count? In Our Lives Our Health</i>. Coordination Unit. World Conference on Women - Beijing 95.</p> <p>Lingam Lakshmi. 2002. Towards understanding women's health: Critical Overview of Women's Studies. <i>Samyukta</i>. Vol.2 No.1. pp. 51-68.</p> <p>Malwande Alaka Basu. 1995. Women's roles and the gender Gap in Health and Survival in Monica Das Gupta, Lincoln Chen and T.N Krishnan (eds.) <i>Women's Health in India: Risk &amp; Vulnerability</i>. New Delhi: Oxfam.</p> <p>Mathur Kanchan. 2008. Gender Hierarchies and Inequalities: Taking Stock of Women's Sexual and Reproductive Health in <i>Economic and Political Weekly</i>, Vol. 43(49) (Dec. 6 - 12, 2008), pp. 54-61</p> <p>Narayanan Harini. 2011. 'Women's Health, Population Control and Collective Action' in <i>EPW</i>, 46(8).pp.39-47.</p> <p>Poirier Suzanne. 2003. 'Bringing Activism Inside the Academy: Teaching Women's Health to Health Professionals' in <i>Women's Studies Quarterly</i>, Women, Health, and Medicine: Transforming Perspectives and Practice Vol. 31(1/2) (Spring - Summer, 2003), pp. 194-207.</p> <p>Sagar Alpana, Qadeer Imrana. 2004. 'Review: Women's Health in India' in <i>Economic and Political Weekly</i>, Vol. 39,</p>	

	<p>No. 46/47 (Nov. 20-26, 2004), pp. 4994-4995</p> <p>Sangath. 2001. <i>State of Goa's Health: A Report</i>, 2001. New Delhi: Voluntary Health Association of India.</p> <p>Sen Geetha et. al. (ed.) 1994. <i>Population Policies Reconsidered: Health, Empowerment and Rights</i>. Boston: Harvard School of Public Health.</p> <p>Sherwin Susan et. al. 1998. <i>The Politics of Women's Health: Exploring Agency and Autonomy</i>. Philadelphia: Temple University Press</p> <p>White Kevin. 2009. <i>An Introduction to the Sociology of Health and Illness</i>. Los Angeles: Sage Publications</p> <p>WHO Gender and Health:  <a href="http://whqlibdoc.who.int/publications/2009/9789241563857_eng.pdf">http://whqlibdoc.who.int/publications/2009/9789241563857_eng.pdf</a></p>	
<b><u>Learning Outcomes</u></b>	<ol style="list-style-type: none"> <li>1. This course will help students get a better understanding of the politics of gender and health of women as well as the politics of health care.</li> </ol>	