

Rukhsaar Shaikh
ATTENDANCE FOR THE FIELD WORK

Sr.No.	Date of Field work	Work Done in Brief	Signature of Agency Supervisor with date	Signature of Field work Supervisor with date
1.	18/02/2022	Orientation & Rapport building with children	<i>Brainh</i> 18/02/22	<i>Dr</i> 27/4
2.	25/02/2022	Paper flower making and card making	<i>Brainh</i> 25/2/22	<i>Dr</i> 27/4
3.	04/03/2022	Games and activities like badminton and Mandala Art.	<i>Brainh</i> 04/03/22	<i>Dr</i> 27/4
4.	11/03/2022	Celebrated International Womens Day, class on Gender Equality & poster.	<i>Brainh</i> 11/03/22	<i>Dr</i> 27/4
5.	25/03/2022	Organizing and seeking flower, pot making	<i>Brainh</i> 25/03/22	<i>Dr</i> 27/4
6.	01/04/2022	Drawing, talk about manners drawing competition.	<i>Brainh</i> 01/04/22	<i>Dr</i> 27/4
7.	08/04/2022	Session on: menstuation, good touch bad touch, HIV Aids & Posters	<i>Brainh</i> 15/04/22	<i>Dr</i> 27/4
8.	15/04/2022	Talk on Ambedkar, cleaning, Mehendi	<i>Brainh</i> 15/04/22	<i>Dr</i> 27/4
9.	22/04/2022	Earth Day, Flower making, Book reading & observing Counseling session.	<i>Brainh</i> 22/04/22	<i>Dr</i> 24/4
10.	23/04/2022	Civil Services day celebration & Report.	<i>Brainh</i> 23/4/2022	<i>Dr</i> 27/4

WSO-106 Fieldwork Skills And Practice.

Name of the student: Shaikh Rukshan

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Organisation Name : APNA GHAR,
& Address At Mercedes, Tiswadi -
Goa - 2445030.

Organisational Profile

Name of the Organisation : APNA GHAR

Address : At. Mercedes, Tiswadi - Goa-2445030.

Contact Details : 0832-2445030 / 0832223 - 2445030.

Mission for Children : Ensuring Development, Care & Protection of Children through policies and programs spreading awareness about the right & facilitating access to learning, nurturing institutional and legislative support for enabling them to grow and develop to their full potential.

Objectives : Empowered women living with dignity & contributing equal partners in developments in an environment free from violence & discrimination & well nurtured children with full opportunities for growth & development in Safe and Protective Environment.

Head / CEO / Director of the organisation:
 Dy. Director - Priyanka Vainganka (former-
 met on 28th Feb 2022).

Smt. Sumedha Belokar - Supdt - Cum - Probation Officer (currently head of Arna Ghar)

Board Members:

Board Name	Members.
1. Child Welfare Committee (under the Juvenile Justice (care and protection of children) Act, 2016 - Section 29.	North Goa District 1. Mrs. Esther Roe Torres 2. Mrs. Snehal Salgaonkar 3. Mr. Chandan Naik 4. Mrs. Andrea Pereira 5. Mrs. Smita Patil (Chairperson)
(Chairperson) ↔	South Goa District 1. Adv. Amrute Abhay Kamat 2. Mrs. Sanjivani Mahesh Dessai 3. Adv. Viren Shenvi Bhende 4. Mrs. Roselle M.F. Solomon 5. Adv. Rejitha Rajan
2. Juvenile Justice Board (under the J.J Act - care & Protection of children)	North Goa District 1. Ms. Anji Kumari N. Naik (Principal Magistrate JJB) 2. Melinda D'Souza 3. Sunjan Kerekar

Judge is appointed by Hon'ble High Court.

South Goa District
 1. Shri. Santana Da Silva
 Carlo Rohin (Principal Magistrate)
 2. Mrs. Milly Andrade.
 3. Advent Pereira

History of the Organisation: Apna Ghar, Menres was established in 1972 & it is managed by the 'Department of Education'. It is located in Rural area. It is located in ~~Rural~~ Tiswadi block of North Goa. Then Under the Juvenile Justice (Care and Protection) Act 2000, Amendment Act, 2006, the Directorate has established in an proper institution. It houses all the institution under the said Act i.e. Observation Home for Boys & Girls, Shelter Home for Boys & Girls, Home for children, Special Home for Boys and Girls all housed in one campus.

The said Act relate to Juvenile in conflict in law (CCL) and children in need of care and protection (CNCP). Institution provides proper care, protection and treatment by catering to their development need and by adopting a child friendly approach in the adjudication

and disposition of matters in the best interest for the children.

Staffing Pattern:

Matrons		09	Have two
Taalees	T	10	shifts from
Interns	A	06	morning 9 to 5
Cooks	T	08	and 5pm to 7am
Nurses	T	03	→
administrative workers	T	06	9am to 5.45pm
Counselor		01	Once in Week
Doctor		01	Only on Friday
Teacher		03	9.30am to 12pm

Organisation is registered : Under the Societies Registration Act 1860 and Juvenile Justice (care and protection) Act, 2006, Amendment 2006.

Programmes of the organisation: It's interns responsibilities to conduct, session, talk and programmes for inmates, especially National Days of India, & International days. Every new inmates are given session of sex education, menstruation, etc. It is recorded in monthly reports. (what is been taught & activities)

Ankit

good
detailed
report

Report of concurrent fieldwork Day - 1.

18th Feb 2022

9:30am to 5:00pm

I have an opportunity to work at 'APNA GHAR' Mexico, established in 1972. On my first day of fieldwork, I reached sharply at 9:30am. After an hour, I ^{was} permitted to work with interns and meet the inmates. Then one of the intern explained how the Apna Ghar works and for the children. It's like an ashram school for the children below 18 to rehabilitate their condition and wellbeing. ^{It is a} completely government institution & directed by the Department of Education. It ^{is} stands located in an isolated rural area and ^{has} restricted visitors. The inmate (children) brought through the police (due to Covid-19 inmates parents being deceased - an orphan - run away from home), childline, & JJB.

There are two categories of inmates, 1. CNCP - children in need of care and protection 2. CCL - children in conflict with law. There are two significant authorities to take all the

the decisions related to them, 1. Child Welfare Committee, 2. Juvenile Justice Board under the Act 2015.

Then intern introduced me to the matron. Total nine matrons and ten aides to take care of inmates in both the section of males and females. At 12:30pm, only at one time, two inmates (male) were brought to the game room to play table tennis. One of the inmates was interested to know my religion. So I told him to play one game with me, then later told him. He played well, and the intern asked him about the cut scars, to which he replied that its okay for him. Soon it was lunch time 1:00pm, and they were taken back to the room. From 2:00pm to 3:00pm the inmate either ^{take} has rest, does their work, or sleeps. So at 3:00pm, I was permitted to meet female inmates.

I was briefly introduced them as new Didi, and they were excited. I told them to sit in the circle and one by one to tell their name, we were in the small hall-type room. Also asked them about who

has done which art/drawing. They requested to give them, to draw, after giving them the materials. I asked them what they were drawing to each of them. I had so much fun with them. When inmates finished drawing, we took all the materials back and checked their beds; To if they hide anything to harm themselves. With intern discussed the activities with the inmates. So they advised the TARSHI website for educating on understanding bodies & hygiene importances. Any session on physical activity conducted in the morning as inmates have meditation and yoga. I learned about the legal action through which inmates brought to Apna Ghar. It is liable to children (inmate) in the state and can't deny entry in Apna Ghar.

Being with them, especially with the female inmates, I did not realize they were kept under observation etc. Certain things that I have noticed are that females are mainly the victims of violence and sexual abuse. Both female and male inmate has different ways to harm themselves, like the female

Inmate does not have food for days. The male inmates tend to harm themselves by cutting their hands. And, also they are more aggressive because they are in the place and hardly have any physical activity or games. Inmates have unity among them and need a way to express themselves. Female inmates do want to go home but can't at the same time be frightened to face that.

Communicated in the language, inmates feel more comfortable. Tried to understand the behavior and role of Apna Ghar. Patient & polite towards the staff and inmates. Talk in some sign language to one of the mute staff, and played table tennis. Group discussion with interns & most important punctuality.

Date of Submission.

Rev
02/3/22

write about skills & techniques used and task assigned.

Report of concurrent fieldwork Day - 2

25th Feb 2022

9:30am to 5:00pm

On day second of the fieldwork, I reached sharply at 9:30am Apna Ghar. The female inmates were doing yoga with the intern. After the yoga, I took a meditation class for 1 hour 20 mins with background relax music. Gave time tips on how to focus on breath, be calm, and posture; Asked them how they were feeling and what are the benefits of meditation. The responses from inmates were quite well. I had to cancel the physical activity and other planned games with inmates. The intern and I discussed the program for Deputy Director retirement which activity inmates can perform & do.

So took the task of cutting papers and card making. Interns took for the boy's section and me ^{I took} with the girl's section. The two inmates went to school. With the remaining inmates of five, I started card making. I took all the required materials and asked them

how they wanted to make card. One by one, inmates told their ideas. So I took a similar view as inmates wanted something on flowers to the front of the card. Then I taught each of them how to make roses of paper flowers. In the middle, I asked some questions to inmates like who likes crafting, what they enjoy making, who likes doing what activity & games, movies etc.. Also taught them about recycling and not to throw the cut-out papers for the next activity and small paper bag how to keep it.

After some time, they were a little tired of sitting, & inmates wanted to have rest & continued after the launch. Later I divided the work among them so that no one would be left out. And do together also help each other. After completion, I made them clap to appreciate their work & boost their confidence. Before tea time, they were singing and dancing.

The boy's inmates were also good at crafting; Even they wanted to do something creatively. They mostly kept at one place, be frustrated. If someone says something or be rude towards them; They tend to become more aggressive, violent, but it's not the same with girls inmates. They will keep quiet & listen, but they will never open themselves. I also noticed when inmates enjoy the activities inmates will become more comfortable and talk about themselves.

Organizing everything to make it easy to teach them. Tried to build their teamwork & actively include each inmate. Listening and being aware of surrounding (alertness).

Date of Submission,

2/03/22

Report of Concurrent fieldwork Day - 3

4 March 2022

9:30am to 5:00pm

On the third day of the fieldwork, I reached sharply at 9:30am. Apna Ghar. I had planned to take exercise & meditation classes in the morning, followed by games. But female inmates didn't want to do it. So instead, they wanted to play badminton. I explained the rules of the game & gave them five chances. If the person loses, another person will play then. After everyone played, I played with each one of them. Also gave them some tips like not to jump while serving the shuttle-cock. Before starting the game, do some exercises. At 11:00am, I gave them have rest for 15 minutes. And with passing the pass balloon & explained the rules of the game. Inmates had to pass a balloon, & behind the song would played; So when the song or music stopped, I would be asked them any question like an example, who is the current Chief Minister of Goa? who is the Prime Minister of India currently?

Who ~~was~~ is the first female Prime Minister of India & Chief Minister of Goa? Correspondingly

I gave others also chance to ask questions to each other. Surprisingly all inmates have answered general knowledge questions correctly. They had a lot of fun. Before ending inmates ^{like who} asked me a few questions too. (Launch Break).

At 3:00pm, I conducted a small class on Mandala art. I gave them a craft paper A4 size, ^{told} them to fold from one side that looks like a card. Then asked them to write myself about them inside of the card. After that showed them how to do Mandala art & helped them to do it; Inmates were like its Mehendi, and they loved doing the art. Also requested to do one class on mehendi for them. Soon it was tea time and I ended the class. More than 30 minutes were remaining, so I asked the intern whether I can read about the issues or cases of inmates for a better understanding of which social background they came from. ✓

I had asked the intern that same game can be conducted with boy inmates but was denied because there were no male interns in the boy section. And they have to take one of the female inmates to IPHB / Institute of

Psychiatry & Human Behaviour). It's located in Bambolim, Goa, & it's part of GMC which deals with the mentally ill and research on human behavior. Inmates from Apna Ghar transfer only on recommendation by a counselor & sometimes for a few tests like IQ & their behavior. Early there was no separate section or beds for kids (inmates). They were used to be harmed by other elder patients.

I noticed that after the test, inmates become quiet. Other inmates say or refer to IPHB as a mental hospital & tease each other. Apna Ghar requires more interns to keep inmates engaged in activities, especially in boy sections. There was only one male intern. And currently, the new Deputy Director has not been posted. Apna Ghar is handled by Superintendent Sumedha Bolkar. Two new male interns are being placed by JJB (Juvenile Justice Board). One is for the whole South Goa & another is for the whole North Goa. So they have to look entirely and they come three days in a week (mostly from afternoon to evening). They also have ^{to} be there if any inmate have to be escorted to designated place.

Skilled used Mandala Art; Making a game to be more interesting & making them engaged in communication. Positive attitude and most important tried to understand more about Apna Ghar.

OK
21/3/22

Good involvement in the ~~acta~~ organisation

Report of Concurrent fieldwork Day -4

11 March 2022

9:30 am to 5:00 pm

On the fourth day of the fieldwork, I sharply reached at 9:30 am Apna Ghar. I had planned to take the "Women Empowerment" activity & a class on gender equality to celebrate 8th March for International Women's Day. At 9:30, brief interaction with one of the female inmates as she was about to be released. So at 10:00 am, I started class on gender equality & the topics covered are the following: Sex, Gender, Stereotypes, Equality, Discrimination. With that, I had given a small card; wherein one side is a girl & another side is a boy. In the middle, there are a few words like carrying, sad, crying, friendly. So they had to write words fit according to a girl and boy.

Following that, had shown the inmates a few videos related to the poems of gender equality. The following are the poems:

1- Mary Klears What She Wants
by Keith Negley.

2: My Shadow is Pink

by Scott Stuart

3: This Girl Can Do Anything

by Stephanie Stansbie.

4: The Pink Hat

by Andrew Joyner.

5. Hind NCERT BOOK, Module 5 Gender Equality.

After that, a brief discussion about the poems. The inmates understood the importance of why gender equality is for women & men. Then 11:30 am, I started with another activity for poster making. India's first women from every field like the first ^{police} ~~polite~~ women, first IAS women officer, and many more. So each picture of women briefed about them and told ^{group} ~~go~~ them to flip and recognize them. As they give the correct answer that pictures, they would able to stick in chart paper. The aim of the activity was to make them remember the name of women & group discussions. Soon it was launch break.

At 3:00 pm, the inmates had a test on Indian states and capital. So intern took the test for the girl's section. I took a test for the boy's section; So only one boy was there, another boy had an interaction session with the intern from JJB. I tried explaining the map of India and asked a few questions related to it. For example, which state speaks the Kannada language? So which will be the state. This way he was able to answer the test properly.

I had only remaining 15 mins so, I stick the poster with the inmates and also made a small poster with the waste papers. Skilled used knowledge, creativity in making them learn with art, and using visual videos for better understanding. Also managing time and organized classes, to activities. Discussion with intern to use resources and teach inmates more value education.

21/3/24

Report of concurrent fieldwork Day - 5

25th March 2022.

9:30am to 5:00pm

On the fifth day of the fieldwork I sharply reached at 9:30am Apna Ghar. I started the interaction session with female inmates. So in last week what they learned and what they did etc. There were four new inmates. Three inmates were in isolation, & one went to school. So I gave drawing books and colors to them so ^{that} they don't feel lonely and be active. So around 10:30am, I started with an activity told them to be in a circle and demonstrate how to make a pot from ice-cream sticks. So I divided work into three, as making three bowls. But we couldn't use the glue gun. They ~~find~~ find it difficult to do without a glue gun & have to redo it again. I helped each of them to make the pot base. So it made them curious to see the design of the pot. After that, I told them to keep it dry and will create flowers.

At 12:00pm, I started to show materials like Organdy cloth, stocking wires, pollene leaves. And show how to make Organdy roses. Total eight roses they made. The new inmate after the school, she joined and asked about her, introduced myself. I came to know a lot of things & she also knew to do cutting. I gave her to cut the petals of roses. Finally, before the lunch break. Told inmates to get all three bowls and stick them together on top. The pot was ready, all inmates were happy to learn, & they showed taai.

At 2:30pm, I was preparing numbers tables and finding the word for inmates to do as their homework the next day. Also drew the shapes to learn. New inmates were cleaning the dormitory room & washroom. I accompanied them with taai engaging them in talking while doing working. Then at 3:30pm, I started the small activity as they loved making flowers, so I taught them how to make stocking flowers on the pen. To each inmate instructed different flowers & shapes. Also showed my previous work of flower bouquet.

Then I had checked the inmates drawing and colors also took them back. Soon it was a tea break.

The Child Welfare Committee & Juvenile Justice Board is located near the Apna Ghar. I have requested the JJB interns to give next Friday for me to conduct activities in the boy section. It becomes challenging to perform the exercise in both cells. Because of the break in between. And if anyone or two inmates go out for the counseling or check-up. Skilled used creative flowers making from various materials, polite and cheerful attitude & engaging in communication with staff. Taking responsibility and keeping inmates' confidence. Also staying focused.

Good initiatives

Report of Concurrent fieldwork Day - 6

1st April 2022

9:30 am to 5:00 pm

On the sixth day of the fieldwork, I sharply reached 9:30 am. ^{at} Apna Ghar. The first task assigned was to read the case of an inmate so that any information, I add after the interaction or while conducting activities. (like any abuse, sexually exploited, suicidal tendency, a crisis of personality, etc.). At 10:30 am, I started with the small training on Quilling papers. Showed basic pattern of quilling and told each of them to do their flower. For inmates finding it tough to do, I ~~sit~~ sat with them to make it. I asked new inmates to ~~do~~ be introduced themselves ^{to} me. The inmates also showed their homework & what new they had done, new things that I had taught them. ✓

After that, they accomplished making their pattern and told them to stick together on the drawing papers. In the middle of the activity, two inmates started fighting to threaten each other. So I felt the need to

good
talk about manners and behavior. At 12:20pm when inmates finished the activity. After 5 minutes, I initiated a little conversation with the new inmates (like she had married plus minor, what would she like to do after the release? How did she manage or have any working experience, etc? Inmates were looking that I was talking to one inmate another inmates joined to tell about her & with that others inmates also joined. I was surprised that female inmates used to earn at least 7,000 to 10,000 \$ one inmates earned more than 50,000 Rs. All inmates had no family support, and they wanted to be independent. With that continued to talk about career options and manners. They also complain about the water shortage. Sometimes, most of the time at night or evening. Soon it was lunch break.

At 1:30 pm, whatever information I gathered from inmates was discussed with interns. And at 2:30pm, I and interns with the matron visited the Child Welfare Committee of North and South. The cases are confidential & restricted areas. After I introduced myself to the CWC of North chairperson, Esther

Tommes was permitted to hear the discussion of the case. Amrita Kumari, chairperson of CWC of South. Issues of child on concern demand supervised carefully by the committee. The required action is taken as soon as possible without any delay. Then with the interns, I visited JJB as it was a restricted area for everyone. (courtroom)

At 3:00pm, I conducted a drawing competition. Before inmates had requested to learn how to draw a kawaii cat. The printout of the pictures gave to each of the inmates to draw. Explain the easy way to illustrate the cat and tricks (how to use light to sketch). At 4:30pm, ended, the competition, and for them, it was like art therapy. I was about to give everyone chocolates, but the matron was not available to get permission. To inmates, I told them to continue it tomorrow. One inmate was in isolation, I gave the same thing to do, plus she was in 10th standard. She needed to learn but didn't like to study because of the distress and disturbed. While she was drawing, I asked few things about her then, I explained the Early Trade Activities

and God's struggle for freedom. (like the story). Before leaving Apna Ghar, a discussion with interns on the case of a child (Sexuality) does not complicate the thinking or making child confuse. I just recommended Bombay and A Little More. Blue movies, also a session on discipline.
(documentary)

Skilled used assigned tasks accomplished, time managing, creativity classes for various art, critical thinking, communication and teaching ability.

~~OK~~ well done.

Report Of Concurrent fieldwork Day - 7.

8th April 2022

9:30am to 5:00pm

On the seventh day of the fieldwork, I sharply reached 9:30am at Apna Ghar. According to the planned schedule, I took three sessions and posters for the inmates. Before conducting took permission from the matron for taking inside a laptop.

1. Menstrual Health & Hygiene 9:40am to 11:00am.

Topic Covered	Showed Videos
1. Hormones	1. Hello Periods - Menstrupectia.
2. Growth, food	2. Different Sanitary Products.
3. Periods, Trims	3. Diy Zero Waste Reusable
4. Disposal of pads	Menstrual Pad.
5. Hygiene	4. How Banan Plant Waste is turned
6. Sanitary Products	into Pad (Sankhyam)
7. Menstruous Myths	5. Luna and her period.

At the beginning of the session, I conducted two short activities. Claps with the numbers - If I say no. 4 inmates have to clap four times fast and continue with changing the no's. Then told inmates to write at least 3 to 4

things that they love to do (like dance, outings). After that, I asked that they do what they love to do during periods. Most of the inmates said no, (asked reasons). They were like stomach ache, not comfortable etc. Then showed the first video from menstrupedia which briefly covers most of the things. Further, I asked which code words they use to call periods & their first-period story. Each inmate remembers the day and date of their first period; They don't use any code words.

Showed different sanitary products to inmates with videos (Tampons, cloth pads, menstrual cups, Labia pads, etc.) Inmates were curious to know then I ~~had to~~ demonstrated tampons and cups in the water. Inmates were making fun of the products like if a bady can come out then then product can be inserted. And opinion was that they would move to biodegradable pads or cloth pad. Inmates mentioned that once they had made cloth pads. Carried on with the discussion on 'Menstrual' myths. Inmates said that Menstruating women should not touch pickles (Homemade factory pickles don't get spoiled. To make ^{it more} fun

I told inmates to jump up & down three times fast and asked will their periods get finished in one day if they jump up & down. Showed 5 video.

One inmate had to go to the clinic for a checkup (gynaecologist). She had a vaginal infection; after coming back, she told me that she felt ashamed and bad because she was not comfortable with the male Dr. & on top the nurse shouted at her, as she was not ready to remove her clothes. One more inmate said about her too. So I explained to them what to do to avoid infection (like to never wear wet panties, keep the area dry, never use soap or any other fancy items. (Ph-level should maintained, then gave example of eyes and nose.) Most important to have a lot of fruits and liquids.

Ended the session by telling about Jasmin Alicia Artist, who uses her own menstrual blood for painting & showed her few paintings to inmates. (inmates were shocked but happy to know something new)

(Refer the Book : The Blue Book I by TARSHI)

now we use
safe and
unsafe
touch

2. Good Touch & Bad Touch 11:00 am to 12:15 pm.

First, I asked the inmates what they knew about bad touch, the inmates answered nicely and explained it well. So they all knew it well, then I gave them a worksheet; They had to identify the good touch & bad touch. Further, I gave a few examples like personal space, butterflies, and dogs.

Inmates were like if anyone touched them they would kill that person. Then, I said it doesn't work like that, never take the law in hand. Explained to them that there are special laws for children for their rights and NGOs that working for them. One inmate told about her case that she had been sexually abused two times, (School and hostile) & the culprit is in jail. (narrated her entire story). Further told that anything wrong happens to them never feel guilty thinking that is your fault. Don't continue to face again now keep quiet. Told inmates to get their notebooks & write five rules for being the boss of my body. Finished the session by

Ankit

girls good
that you
have doubt
that they
are
expressing
personal
stories to
you

good saying that everyone is beautiful in their way. And not to judge anyone what happens to them.

3. HIV & AIDS 12:30pm to 1:00pm.

I was not about to take a session on HIV, but one inmate asked about HIV & AIDS (if a person has one-time physical relations, will they get HIV?) So I gave them 15 minutes break to rest and for me to prepare it. 12:30pm, first thing asked them what HIV & AIDS are? They only know that it's like cancer & they (HIV- Person) die soon. Then, I explained HIV/AIDS - Human Immunodeficiency virus, acquired immunodeficiency syndrome. Common symptoms, how you get HIV, & prevention.

good continued explaining that the person suffering will not harm you & some kids are HIV positive. Should not discriminate against the person. Soon lunch break.

2:00pm, while preparing for the poster (chart cutting) & writing homework for inmates had a conversation with taai. So I asked a few questions like; what problems they face

while dealing with inmates. She replied that before they used to have a problem during lunchtime, if inmates had to take to GMC on clinic checkup time goes. ~~Before~~ Before they had three shifts; Now they have only two shifts & properly maintained. Food is prepared according to the no. of inmates & total eight cooks are there. Specially ^{one} Dr. comes only on Thursday to check inmates & three nurses are available 24 hours they have shifted. Regular teachers are there.

At 3:00pm, started poster making with inmates divided into three parts. Poster 1: had female genitals 2: Menstruous Myths 3: Small q/bt I guided inmates to make poster. Inmates were happy to make poster and after finishing, I gave all the inmates chocolates as they had done excellent work.

Skilled used time managing, creativity, communication, ability to conduct sessions positive attitude and critical thinking, short activities for fun & learning.

Ankit

Well done
Rishabh
In one day
you have
taken many
sessions
& inmates too
opening
themselves.

Report of Concurrent fieldwork Day - 8

15th April 2022

9:30 am to 5:00 pm

On the eighth day of the fieldwork, I sharply reached 9:30 am at Apna Ghar. I discussed with the interns whether they had done any activities or taught on Ambedkar Jayanti; So that I could conduct a talk on Ambedkar. As it was good Friday, inmates had no school, & everyone was in the hall. So I asked them what they were doing simply sitting idle, songs reciting, why they are not dancing, and then told them to sit in a circle. At 10:00 am, I started a talk on Dr. B.R. Ambedkar. I asked them a few questions like why they had a holiday yesterday and whose birthday it was.

Inmates gave their answers in descriptive way like; How Dr. Ambedkar looked and carried a book in hand. Then I explained a few things about Babasaheb Ambedkar (a brief bio) and four incidents in his

life (referred - Bhimayana Experience of Untouchability). After that I asked them to write two rights that they have, inmates wrote - property right, educational right, equal pay right, no discrimination and freedom. (inmates remembered what had taught them). Then I concluded with Dr. Ambedkar's contribution to women's rights.

At 10:45 am I took permission from matron to do cleaning and gardening, but to take inmates out for gardening would be difficult if they try to run away or keep something sharp to harm themselves, so I conducted cleaning of hall and dormitory. Divided inmates in groups of 5 and work (task like removing unwanted drawing from wall and washing of wall, cleaning windows and doors, also steps.) Starting inmates did not like to do work and wanted to do activities. Taai and matron appreciated to do such activities and making them to do work. I guided them how to clean and share things like at home didi also work. It's important to keep our surrounding

clean. Also had good talk (jokes) inmates then were enjoying to do work. Inmates told about what new things they had made out of quilling papers (earrings and jewellery). After they were done with cleaning, inmates were really happy to see their effort, it was looking as if hall and dormitory were renovated. Inmates then had bath and soon it was lunch break.

At 2:30 pm, interns had to talk with inmates as they were creating problems at night; (spreading ghostly stories and don't sleep whole night, plus cry at night. I also tried to make them understand not to do such things. Then at 3:00 pm, I started with mehendi session, showed them tricks and techniques to do easily mehendi with simple design. Then, I myself did mehendi in one of the inmates hand. After that two inmates did mehendi on my hand, which made both of them happy, and I complemented their mehendi design.

skilled used time managing, cheerful attitudes, creativity for conducting different activities with fun & learning.

You are taking variety of sessions with the inmates which keeps them engaged.
Good.

OK
21/04/2022

Report of Concurrent fieldwork Day-9.

22th April 2022

9:30am to 5:00pm

On the ninth day of the fieldwork, I sharply reached 9:30am at Apha Ghar. According to the plan, I wanted to do cyanotype, printing with inmates, but the matron did not permit me to take the chemicals. Then, I took the poster making the rough idea of the world map because it was "Happy Earth Day". I showed inmates the world globe; asked them few questions like where is India, and from which state they came from; which country they will like to go for trip; Where is Eiffel Tower, statue of liberty, Taj Mahal, Pyramids etc. And divided them into three groups. 1. Two inmates will draw the world map, 2. two inmates will cut the cloth into small pieces. 3. two inmates will stick the cloth cut pieces. In one hour at 11:30am, the inmates finished the poster, and they wanted to make flowers, or else they won't do any other activity.

So, I gave them stocking flower materials,

and pens, showed different petals. One of the inmates, who was kept in isolation suddenly started to become violent and banging head on the door told laai to keep eye on the inmates and I went with interns to check the inmate. I told inmate not to hurt herself like this, tried to make her understand. Matron told intern to take that inmate to IPHB. One intern was with inmates and I with ^{an} other intern took her to IPHB. (12:45 pm)

After taken to Doctor, he reject to give her (inmate) any medication because they don't have/know the proper age of the inmates and they can't give medication to a minor. Also that if she is mentally disabled, they can't prescribe nor keep her in IPHB. We came back to Apna Ghar 2:00 pm. After the lunch break one of the inmates wanted ~~me~~ me to read book for her (as other inmates were making fun of her because she did not know how to read). At 4:00 pm the interns were taking counseling on the demand of inmates. I was observing them, so like one inmate told intern to inform CWC that she wants

to go home for one day to celebrate Eid and further she don't want to enrol for studies, wanted to do tailoring & computer course. Another inmate called me and she wanted to talk to me. She revealed more about herself, which could be added in the profile. I informed the interns about it. ~~and~~ And the matron said to come on Saturday for reporting it.

Before leaving, I went to JIB to take the names of current Board members. Skilled used time managing, creatively, interactive with inmates, positive attitude and critical thinking.

② ✓ V. good involvement Rukhsar.

Report of Concurrent fieldwork Day - 10

23rd April 2022

9:30am to 5:00pm.

On the last day of the fieldwork, I sharply reached 9:30am at Apna Ghar. I introduced myself to matron and taai. The interns told to write the report of interaction with inmates, so that they will edit it and submit to CWL. At 10:30 am, I with intern went to CWL to submit it but the chairperson was not available. Since it was my last day I had planned to celebrate the Civil Service Day. Explained about career options for them. First, I asked them about their dream exactly what they want (new more inmates)

They didn't understand who is IAS officer. So, I explained in simple way giving example of Apna Ghar it self and collector. They wanted to know about me what, or in which standard I am studying. Then I said if I tell them will they study more, Inmates were very interested and said yes, they will do it. I told them

explained them what is MA. Women studies. Inmates were happy to know something about me. Then I showed them short videos of IAS officers specially women IAS officers. 1. Anshu Kanmani Joy 2. Smita Sabharwal 3. Tina Dabi and Shrushti Jayant Deshmukh. Then I gave them to make posters. Soon it was lunch break.

I had given cake and chocolates to staff to give inmates at tea time. As it was Saturday afternoon time, inmates watch movies or dance. So at 3:30 pm, inmates were taken to the hall, where tv is; they were watching movie Jungle Book. Then I had interaction with ~~XXX~~ Juvenile girl. After that inmates called to show their dance and singing. At the end of the day while taking signature from matron, I asked her to write few words for the activities that I have conducted.

Skilled used time managing, cheerful attitude, writing, communication, and creativity for conducting activities.

There are few things I would like to suggest about the Apna Ghar, according to my fieldwork experience. Firstly the working environment is toxic because each employee is rude each other specifically to the interns (through 1 year internship program). Anything happens so interns are blamed. Some of the tals beat and shout rudely to inmates. Plus more interns and other working members should be employed. In girl section (inmates) there are activities conducted even have games and tv but sadly in boys section there are hardly any activities conducted not even tv so they feel more frustrated and became violent.

Inmates are not given proper dress / clothes to wear. There needs are taken care by CHG & JTB but if they say anything at Apna Ghar the tals often ignore it. Inmates don't require a regular teacher (that they don't teach them anything proper, it's like the teachers take test whether the child/inmate can read & write); & inmates don't like

To go school in Apna Ghar. They required a value education teacher or give them any vocational trainings that would help them. (because inmates hardly have any interest to study, so we have to create passion among them, or by providing skillfull training, it would help them to be financial independent.) Many of inmates don't have any financial support.

Most important counselors should be appointed as there is not even a single ~~to~~ counselor to take counselling. (currently interns take inmates counselling, thus this further burdens or overwork load as they do administrative work, few activities and counselling and also to control inmates.)

(v)