

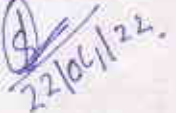
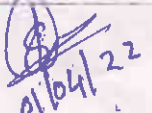
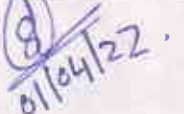
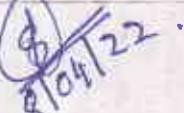
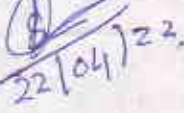
Name :- Sailee Shiroelkar

Roll No :- 21PB27004

Subj :- Field Work Skill

Protective home Cum - Reception
Center - Mences.

ATTENDANCE FOR THE FIELD WORK

Sr.No.	Date of Field work	Work Done in Brief	Signature of Fieldwork Supervisor with date	Signature of Agency Supervisor with date
1.	11 th February 2022 9:30 - 5:00	Introducing myself and Learning about Organisation		 16/02/22
2.	18 th February 2022 9:30am - 5:00pm	Activities :- Dura Shararat & musical chair.		 18/02/22
3.	25 th February 2022 9:30 - 5:00 am pm	Activities :- Balloons and cup and paper doll.		 22/02/22.
4.	4 March 2022 9:30 am to 5:00 pm	Poster on International Women's day.		 4/03/22
5.	11 March 2022 9:30 am to 5:30pm	Gender stereotype and Poster on gender stereotype.		 01/04/22
6.	25 March 2022 12:00pm to 5:00pm	Greeting Card		 01/04/22
7.	1 st April 2022 9:20am to 5:00pm	Discussion on Menstrual health & Hygiene & Self breast examination		 01/04/22.
8.	8 th April 2022 9:30 am to 4:00pm	Observation and participation in activities.		 08/04/22.
9.	22 April 2022 9:30am to 4:00 pm	Domestic violence & Act, Prevention		 22/04/22.
10.				

ORGANISATIONAL PROFILE

- 1) Name of the organization/Department :- Protective Home & Cum Reception Central Merces
- 2) Address :- Protective home Cum Reception Center, Vailem Bhat, Merces Tiswadi - Goa.
- 3) Contact Details :- 0832 - 2446655
- 4) Mission statement/Motto :- Promoting social and economic empowerment of women through cross-cutting policies and programmes, mainstreaming gender concerns creating awareness about their rights and facilitating institutional and legislative support for enabling them to realize their human rights and develop to their full potential.
- 5) Objectives of the organisation :- To realize women and help them to reach to their family, To provide them good facility in protective-home.
- 6) Head / CEO / Director of the organisation :- Superintendent Smt. Premila Bhangga e Fernandes - 2446655
- 7) Board members :-
- 8) Types of services rendered :- Food, clothing, counselling, training in various crafts, Medical treatment, safety etc.

9) Number and Nature of Beneficiaries:-

10) History of the Organisation:-

11) Organisation structure / staffing pattern:- In state Protective home there is two shifts. In Morning shift one guard, matron, lady Police from old Goa police station, counselor, Two ta^s and one staff to teach them craft. At night shift there are other staff only counselor and craft teach is not there at night shift.

12) Whether organisation is registered or not:- The organisation is registered under government organisation.

13) Geographical Area of work:- 9

14) Programmes of the organisation:-

15) Awards, Recognitions & Achievement:-

16) Sources of funding:- As SPH is government organisation all funding is looked after government.

11th February 2022

Day : 1

9:30 am to 5:00 pm

I have an opportunity to work at State Protective Home, Mercers. On my first day of field work I reached at 9:30 am. My field work timing is from 9:30 am to 5:00 pm. The geographical location is ~~good~~ good. When I ~~reach~~ ^{reached} there I did my entry on their entry book. One of the staff who is working as Counsellor. She gave me information about the organization. It's like a home for women ~~who~~ ^{who are} above 18 years ~~to rescued~~ and protect women. It is completely government ~~organisati~~ ^{organization}. The inmates of the home are provided facilities of food, clothing, counselling, training in various crafts, medical treatment safety etc. The superintendent is Smt Premila Fernandes.

Then counselor introduced me to staff members. There were two interns from psychology department. There was six inmates there. Because of Covid they were kept in one room. They give them to listen music for one hour. Organization is open 24 hours but they have different shifts. Even they give them activities like painting, game, craft etc. You can't take any things. ~~were~~ ^{where} inmates are kept. and interns also told me that sometimes inmates become aggressive

and try to hurt you. Mobiles were not allowed there because they might take call and contact their friends and family. They also give them to talk to their relatives after 15 days. From ARZ also people are coming to contact activity.

Skills :- Active listening, communication,

Observations :- They were maintaining their files and records properly, Inmates are ~~very~~ ^{very} ~~well~~ ^{well} given good facility there, All ^{working} staff were discussing the case in group.

✓ good start.

18th February 2022

Day: 2

9:30 am to 5:00 pm

Date of Submission: 22nd February 2022

On 18th February 2022, I reached ^{at} in state protective home at 9:30 am. On every Tuesday and Friday they are conducting activities session for them. In state protective home students from ARZ (Aanyay Rahit Zindagi) Established in 1997, ARZ is a social work organization committed to combating trafficking of persons for the purpose of sexual abuse and commercial sexual exploitation in Goa. Come to conduct activity for the inmates. The main motive of conducting games and activities is that they should feel relaxed, some change, to see their creativity etc. Most of the time they are in one room only so to bring a change ^{in their routine} they conduct these activities.

The timing for them ^{are} was from 10 am to 1 pm. They conducted Two games for them. The First activity performed by them was the cutting craft paper and they should do it carefully so it should not cut in between the paper should be long. Whose paper is long will win the game. They given them 3 minutes after that they should stop and stand in the line and show their paper. Whose paper is long will win the game, they also arranged prize for winner. Nilofar (no change) was the winner of the game the longest craft paper and they have given as prize as chocolate for her.
for game, chocolate as a prize

18th February 2022

Day: 2

9:30 am to 5:00 pm

Date of submission : 22nd February 2022

On 18th February 2022, I reached ^{at} in state protective home at 9:30 am. On every Tuesday and Friday they are conducting activities session for them. In state protective home students from ARZ (Anyay Rahit Zindagi) Established in 1997, ARZ is a social work organization committed to combating trafficking of persons for the purpose of sexual abuse and commercial sexual exploitation in Goa. Come to conduct activity for the inmates. The main motive of conducting games and activities is that they should feel relaxed, some change, to see their creativity etc. Most of the time they are in one room only so to bring a change ^{in their routine} they conduct these activities.

The timing for them ^{are} was from 10 am to 1 pm. They conducted Two games for them. The First activity performed by them was the cutting craft paper and they should do it carefully so it should not cut in between the paper should be long. Whose paper is long will win the game. They given them 3 minutes after that they should stop and stand in the line and show their paper. Whose paper is long will win the game, they also arranged prize for winner. Nilofar was the winner of the game the longest craft paper and they have given a prize as chocolate for her.

for game, chocolate as a prize

The second activity, They have to brought a paper cutting of first alphabet of inmates name and they have to fold it into four part of the paper, they have to draw what comes to their mind on that paper. All four parts. On all four parts they should used different colours and different drawing. The inmates ^{were} struggling very hard and putting their full efforts to do that painting. After that painting was done they were asking them questions and they have to write the answers on the back of the paper. Only one inmate Nilayon was educated in that group and other were illiterate they were ^{do} not know to read and write. Both the ^{staff} women from ARZ were helping them in writing their answers.

The First question for them was about their hobbies and they have to write their five hobbies. All inmates have had to write different hobbies some of them have said dancing, cooking, singing, creativity, farming stitching clothes, embroidery etc. The second question was what they like to do? and their answer were similar. The third question was what are the good behaviour in them and they answered like kindness, goodness, they are helpful towards others, support and they also support their family, they also said that they are good to people who are good to them. and fourth question was what are their future plan? some of them said they have to put one shop, do farming, most of them said they want to go home and spend time with their family etc. After that there was lunch break from 1:00 pm to 2:00 pm.

From 2:00pm to 4:00pm they have given me to conduct the activity and game. After the lunch most of them ^{were} taking rest so I only have three inmates with me to conduct the game and activities. My first activity was painting. I have take all my ^{material} ~~materially~~ with me but they were ~~to~~ tired of painting and drawing and so I cancelled that activity. they requested me not to give them drawing and painting. The Next activity I ~~planned~~ ^{planned} was ~~Dham~~ ^{Dham} Shararat. Before starting with the activity I have explained them rules and regulations of the game and how they have to play with it. It was very funny as they belong to different state. They were confused in the movie names which I have given but they tried their best in this game and I was so happy that they were trying their best.

Next activity was musical chair again only three inmates so my activity was getting over so early. then I asked them what would they like to play the next. Then they said to me that they would like to play the cooking recipe game. One by one inmates told me a some recipe of different state. Inmates told me recipes like idli, Vada Pav, Rasgulla, etc. Today one inmate was rescued on ~~to~~ by her parents ^{come} to take her.

Activities performed today:- ^{conducting} Painting, Dham Shararat, cooking recipe, musical chair. ^{games} & ^{activities}

Techniques / skills / Qualities used :- Communication skills,
Active Listening, Critical thinking, Group discussion ✓

You are doing well and putting efforts in
support building. You can think of games
to bring them closer and conduct the activity
as per their liking & interest.

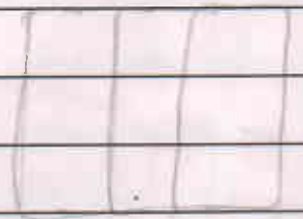
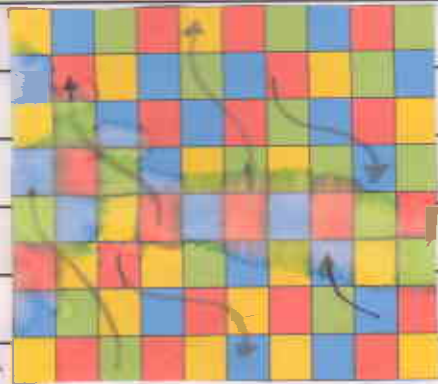
Praveen
22/02/2022

25th February 2022

Day: 3

9:30pm to 5:00pm

I reached there at 9:30am. All staff ^{were} was discussing regarding one inmate. Whose luggage has been taken by her husband. She wants to call and ask for her luggage. They give her a call for 15 min. All inmates ^{are} was asking for ^{listening to} music as they were bored inside. One of the staff gave them to listen music for one hour. Today from ARZ Annapurna maam had come to conduct activists. She conducted one game Jacno, Jito, khalo. It's similar to a snake ladder. Annapurna maam explains to them about games and how to play game. I was also helping her. The objective of the game is to spread knowledge.



This is their board. The object of the game is to be the first. To reach the end by moving across the board from square one to the final square. Each player should tool one die and the number on the die will be played on the board. One which color you stop you should take that color card and on that card, there will be a question and the inmate should answer that question. There are arrows if they answer right they will climb up and if they are on the down arrow and their answer wrong they will claim^{go} down. On the card, there will be a different question. On red card about the law, objective and on yellow card about states and their capitals, national flower animal, etc. And If you are on blue square you have a chance to select any one card from red and blue.

The main motive of the game is to spread knowledge. One inmate who was not-educational was not able to answer but another inmate who know Bengali was explaining her. They enjoy game and learnt lots of new things. At 12:30 pm they end the game. One inmate was not feeling well her chest was paining and was not able to breathe. I asked her what happen? She told

me that her operation has been happen.
~~she was~~ operated.

After lunch, I conducted three activities. My first activity was the Teddy game. I made them sit in a circle and I will ask question on gender stereotypes, they have to answer if its done by men or women. After my activity, I explain them what is gender stereotype and how it effect our life?

My next activity was of balloon and ~~cup~~ cups game. They have to put cups one on the other with a balloon. The inmate's task was to blow a balloon in the cups and put on the order. Every inmate tried their best and loved this activity. I gave them chocolate for active participation. The last activity was to do craft out of newspaper. In the state protective home, there is one staff who teaches them craft. I provide them paper and gum and told them to do what they like to do. It's ~~was~~ good group activity. I noticed that every inmate was helping each other. They made one doll and half work was there so we decided to do it next time and I will also take colors to paint that doll.

Assigned tasks :- To help ARZ member.

Skills used :- Communication skill, Team work, management, etc.

Observation :- Observe that there was work going on. When I join there was six inmates and now there is three inmates.

S.No	Particulars	Month Feb 2022
1	No. of inmates in the beginning	06
2	Total inmates admitted during month	0
3	Total No. inmates for month	0
4	No. of inmates released	03
5	Placement	-
6	No. of inmates in IPHB/GMC/Covid	-
7	Total No. of inmates in the SPH	03

✓ You are doing relevant and creative activity with the inmates. Do share in detail about gender stereotype game.

4th March 2022

Day: 4

9:30 am to 5:40 pm

I reached ^{at} State protective home at 9:30 am. On 4th March there were only three inmates. All inmates were getting ready because Annapurna maam from ARZ has come to conduct the activity. In morning inmates were give music ^{to listen} from 9:40 am to 10:20 am. Annapurna maam screened movie for them/inmates. First she did all the arrangements and then all inmates were invited to the movie room and the movie was 'stri'. The main motive to show this movie was to show how women were not respected in the village and all village killed her. So on one pooja she use to come and if any men is out she was taking that men with her and the men would never return. But all inmate was watching it as entertainment movie. After movie I asked them what they learnt from this movie and two inmates said that women ~~she~~ should be respected in society or lady ghost will come to take the men and also they said that when women started getting respect she was not harming any man from the village. Then I explained to them that because that woman was beautiful all villagers kill her and her husband. so beauty can also be a problem for women. Women are not safe in society. Because she

was not respected in society she was taking all the men but once she started getting the respect she stopped that. So women don't need good clothes, food makeup but they need respect because they are also human beings in this society. I also suggested Annapurna maam to show them movie 'Great Indian Kitchen'. The movie gets over at 12:40 pm then all inmates when in their room and was provided with lunch.

After lunch one inmate (luggage) has come so all staff calls her to check her luggage and to give them thing which she thinks is expensive like all cash, ID, ATM etc. I told them that on 8th March is International Women's day is coming so to do one poster on that day. They were confused I showed them some pictures from my phone and then they started doing posters. It took them three hours to do poster and also they completed that poster on that day only because I'm not coming on other days. One inmate did not participated because she was demanding a call but they did not give her.

Skill Used: Communication skill, management, Group discussion, Active listening etc.

(V) ✓
21/3/22

You can also plan to show documentary / movie to inmates & have discussion

11th March 2022

Day :- 5

9:30 am to 5:30 pm

I reached in State Protective home at 9:30 am. On 11th March there were only two inmates. They were in deep sleep. At night one inmate left SPH. They ~~wake~~ wake up at 10:30 am as it was very hot so they were not able to sleep at night. From so long they were asking for thread and needle to stitch their clothes. One Intern gave them needle and thread so one staff started shouting at her that it's not her duty to give them thread and needle and she also said that the inmates should ask her for it. Inmate's clothes were torn and they were asking her but she did not give them. From ARZ Laila ma'am has come to take their counseling so there was no activity for them. After 2:00 pm I conducted activity.

Before beginning with an activity I explained to them the difference between Gender and Sex. First I explained to them the Sex that is a biological factor which included chromosomes, hormones, genitalia etc. Sex is from our birth, that who we are born as male or female. Females have vagina, broom and boobs and male have penis. And Gender refers to characteristics of women, men, girls and boys that are socially constructed. This includes norms, behaviors

and roles associated with being a woman, man, girl and boy. I explained them in both language English and Hindi. I also explained to them about different gender.

Then I began with my activity on gender stereotypes. I gave them instruction about the activity and this paper.



After activity, I explained them about gender stereotypes. That it is socially ~~from~~ constructed that men and women should behave in a particular way. For example in our society it has been said that cooking is the responsibility of women but today we can see that lots of men have cooking and they are doing cooking at home. Then we discussed about the activity. Both inmates said that caring is for girls so I ask them why men

can't do care giving work. So one of the students said that caring is done by women and men is doing earning work. Women give birth to children, so they do caring work. So I explained to her that if a boy or girl did not have a mother then who will take care of children? She said men but she said men can marry to other women also to look after their children. Then I said this is gender stereotypes that we think men will get marriage again. Then I show them video on gender stereotypes. And After activity they made a nice poster on gender stereotypes.

Skill used :- Teaching skill, Communication skill,
Active listening and group discussion.

Good Activity conducted.
21/3/22

25th March 2022

Day:- 6

12:00 pm to 5:00 pm

Self Love

I reached in state protective home at noon. I was late on 25th March because of pooja at my place. I informed them that I will be late. On 25th March from ARZ Geeta ma'am has come to conduct the activity. In state protective home there were four new inmates. Geeta ma'am gave them activity on self love. They have to draw the sun and on every ray of sun, they have to write some good quality in them. This activity was conducted so that they should know themselves in better way. One of the inmates told me that she was thinking that she was not good at anything but after this activity, she came to know that she has good quality and she should work on it. After their activity, Geeta Ma'am gave them to draw anything they like to draw. Some of inmates draw scenery. I also noticed that one inmate was sitting quite and was not doing the drawing. After their activity all were in the room to have lunch. There was some queries related to their food. One intern asked tai If some inmates eat veg but if the chicken is prepared one day then what do they give to inmates who eat veg? So tai said before preparing chicken they remove graves for inmates who are veg and but potato

in that grave and cook separately. There is no separate cooking for reg inmates.

At 1:40pm new inmates were brought to state protective home. At 2:15pm it was my time to ~~conduct~~ conduct an activity. On 11th March there were only two inmates so according to that, I have brought material on that day. But inmates ~~there~~ were more. So I told them to make greeting card to someone they want to give. For my activity four inmates were there. I provided the material and told them to do how they want to. New inmates which arrived on that day were having lunch and they did not participate in activity. At night one inmate was not well so all inmates were not able to sleep properly because of that they took a nap after lunch and was not able to participate. After my activity, there was an issue with the sanitary pad one inmate threw the pad in the washroom so they were fighting and arguing between them. So I asked staff if I can teach them to do cotton sanitary pads. So she told me next Friday to teach them.

Skills :- Active listening, communication, Teaching skills etc.

Good involvement in organisational activity & good initiation taken.

1st April 2022

Day: 7

9:30 am to 5:00 pm

I reached in state protective home at 9:30 am. In the state protective home, there were 9 inmates. All inmates were having tea, as there were 9 inmates work was divided among them. Some inmates over there don't know to make roti and they were complaining that rotis were not cooked properly. Also the cook is new so they were telling that they did not like the food which she made.

On 1st April 2022, from ARZ Luda ma'am had come she was doing ~~counsel~~ counselling on new inmates. So there was no activity. All inmates were bored inside and they were asking for game.

At 2 pm it was my time to conduct an activity. All inmates were excited about my activity. Before starting with menstruation talk I conducted a small ice breaker activity where they all should clap together on my counter and when I say zero they should not clap some inmates clapped and they were caught. Then I begin with the video (Hello Periods Menstrupedia) this video has 5 sections. First is on growing up, nutrition, physiology on menstruation preparing for periods and hygiene during periods. After every section, I was asking them questions about what they learned from the video.

After video I told them to share their first experience of periods. I noticed that all inmates were ^{experiences} different. Most of the inmates told me that they got their first period when they were in school. One inmate told that when she was at her cousin's place and another told that when she was working on the field her cloth was red and she did not know what is happening with her but one lady ^{at} the farm only told her and teach her how to use cloth and also informed her that how she can't go in temples and all. And one inmate also said that early they were wearing long liners but after periods they started using 'cot one'.

My next video was on 'how pads are made in a factory'. Then I showed them a different type of sanitary napkin like Pads, tampons, menstrual cup, cotton pads etc. One inmate was using a menstrual cup and two inmates were using tampons. Then I showed them how to use a menstrual cup and different folds. And told them to try different folds. I also told them how to use cotton pad and how hygiene should be maintained and also ask if they will use a cotton pad they also said no they need sanitary pad only. Then my last activity was on symmetry painting. Then I gave them paper and red and blue ink. First, they have to fold the paper, put red and blue ink and fold the paper.

and solidly move their head on the paper. Everyone got different shapes so I explained them how different they are and beautiful they are in their way.

I was still having time so I told them how to do a self breast examination and next time I will discuss with them breast cancer and domestic violence.

Skill :- Communication skill, management skill, teaching skill, etc.

Very well done Sailee.

8th April 2022

Day : 8

9:30 am to 4:00 pm

I reached in state protective home at 9:30 am. On 8th April there were five inmates. All inmates were having tea. After reaching their councillor told me that on the 8th ARZ will conduct full-day activities and she also told me that every month ~~and~~ one day from ARZ Juliana ma'am come to take activity and in the activity all staff and inmates should participate. In morning time as all inmates were getting ready for their activity. In the morning time Annapurna ma'am has come to show them movie on sex worker "Gangubai Kathiawadi". At 10:30 Annapurna ma'am screen movie. One inmate was not well, her stomach was paining so she did not come to watch the movie. At 1:30 movie was over then all inmates went to have lunch.

Then again at 2:30 Juliana ma'am was there to conduct the activity. The activity was on best out of waste. She divided inmates and staff into two group of five members. I also participated in activities. Ma'am have provided us with two bottles, one newspaper, colours, Rope, glue, colouring paper etc. Our team name was a bubble and other team was red roses. All participating members were working hard and enjoying the activity. At

3:30 pm it was time for results and the team bubble was the winner. After active Jvilana moom told that this activity was taken so all staff and inmates should interact and understand each other.

Skills:- Communication skill & Team work.

Good involvement in organization activities

Dr
13/04/22

22 April 2022

Day:- 9

9:30 am to 4:00 pm

I reached in state protective home at 9:30 am. In the state protective home there were five inmates. When I reached there, I came to know that on 22 April 2022, ARZ will conduct their activities at 2:30 pm which was my time. But they told me to conduct my activities at 10 o'clock.

On 22 April 2022, I conducted a group discussion on Domestic Violence. In group discussions one Topic is given and everyone's ~~opening~~ opinion was taken into consideration. All inmates and two staff started a discussion on domestic violence. One inmate started a discussion by telling her mother's story about the Domestic violence. She told that she once saw her father beating her mother because she forgot to iron her father's clothes and her father kept the hot iron on her mother's leg. One of the new inmate also told that it's because of the power that men have and their position in society. After a long discussion, one inmate was confused about sexual harassment and domestic violence. So I cleared her doubt that it's different terms and explain to them how it's different. While discussion one staff ~~start~~ started political talk and they diverted from the topic. Then I again brought them on the domestic violence topic. Then I also told them about domestic

good

violence Act. The discussion on Domestic violence was for two hours. Then I teach them to make pen stand with ice-cream sticks.

At 2:30 AR7 conducted ^{activity} ~~activities~~ on emotions. First she asks inmates to tell about 5 emotions they have experienced they answer happy, sad, hungry, etc. Then she gave them 5 colour and 5 emotions. Red for anger, Green for sad, Yellow for excitement, blue for happiness and orange for love. On by one she discusses emotions with ~~the~~ inmates and they were ~~get~~ sharing their thoughts with her.

Skill used :- Communication skill & team work

V. good session ^{activity} ~~conducted~~. Field worker must have flexibility and you have learnt that.

K. C.
12/05/2022