

Goa University

Manohar Parrikar School of Law, Governance and Public Policy

Social Work Programme

Concept of Counselling and Skills Lecture By Prachi Khandeparkar

Date: 16 -12-2022

Venue: BF20

Attended by: 12 participants

About

Mrs. Prachi Khandeparkar is trained psychologist and project lead at Sangath, one of the leading mental health research organization in India for the past 25 years. She currently leads to school mental health program in Pune and Gadchiroli districts of Maharashtra and Zippy's Friends, a programme building coping and Resilience skills in Primary school children. She has led pilot, acceptability and feasibility studies, cluster randomized control trials as well as scaling-up programs on adolescent health and well being. She has contributed to book Chapter, Journal articles and presented conference papers on adolescent and young people's health. She has experience of working with national and state governments, national and international NGO's grassroots organisations and wide range of stakeholders on programme development, training and implementation. She has worked with various types of school systems, intervention delivery agents in different parts of India and with different target groups. She also serves on the Counselling cell of the GEDC, Govt. of Goa. She also works with issues such as child protection and family/domestic violence. She has served the Juvenile Justice Board, under the Juvenile Justice Care and Protection amendment Act, 2015.

As a part of Counselling in Casework Practice, the guest speaker was invited to discuss about Concept and skills of counselling. The speaker was introduced by faculty Ms. Vidhita Naik.

Key points discussed

What is counselling and assuring confidentiality, the need of it, importance of effective communication (can be used in day to day interactions as well), what should be avoided while counselling, self awareness in terms of beliefs, values, attitudes and judgments which might influence the counselling process, skills required in counselling process (rapport building, questions and probes, paraphrasing / mirroring, clarifying, positive asset search, summarizing).

The session ended with a vote of thanks delivered by Neelay Gunaji part-I MSW student. A memento was presented to the speaker.




Figure 1 Group Picture

Figure 2 Speaker discussing about the Counselling skills



Figure 3 Presenting a Memento to the guest speaker



Signature: 

Name: Vidhita Nark

Designation: Assistant Professor in Social Work







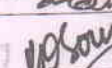
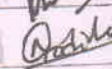

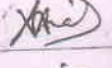
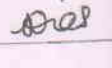



Date - 16-12-2022

Time - 11:30 am to 1:00 pm

Topic

Ms. Prachi Khandeparkar

SR	SRNO	Name	Gender	Sign
	1	Shabana Shaik	F	
	2	Achal P. Dharbandodkar	F	
	3	Clevere Dias	F	
	4	Arunali mamlekar	F	
	5	Bhakti Namshikar	F	
	6	Nikita Komarpant	F	
	7	Devar Meelay Guraj	M	
	8	Rachel D'Souza	F	
	9	Nicole Godinho	F	
	10	Veling Mangrishi Rajiv	M	
	11	Vidhita Nark	F	
	12	Alisha Dias	F	
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