



Goa University

Manohar Parrikar School of Law, Governance and Public Policy Social Work Programme

Report on Session on confidence building by Ms. Rina Barretto Organised during rural camp at Keri Sattari

1. Title of the Event/Activity/program	Session on confidence building by Ms. Rina Barretto
2. Date and Time	16/01/2023 10.30 to 1.30
3. Mode of conduct (Physical/Online)	Physical
4. School/ Directorate/ Section	Manohar Parrikar School of Law, Governance and Public Policy
5. Collaborating Agency/School/Directorate	-
6. Detail of the Resource Person (Brief biodata)	Ms. Rina Barretto, Founder at Cheree Tree Concepts Brand & Business Growth Consultant Communication Strategist Mentor - Youth and Women Entrepreneurship
7. Number of Faculty attended/participated	2
8. Number of Students attended/participated	11
9. No. of external students/faculty/other participants	-
10. The objectives of the Program/activity/event	Confidence building Personality development Life skills

11. Description of the Program/activity/event	Session by Ms Rina Barreto on confidence building. Ms Rina spoke about confidence boosters, communication to build confidence, and empowering your personal presence to build confidence and a growth mindset. She conducted an interactive session for the students.
12. Benefit/Key outcomes of the Program/activity/event	Students learnt skills for confidence building, interaction, and interpersonal communication
13. Enclosures with report	

Signature: *Alisha*

Name of coordinator *Alisha Dias*

Designation: *Asst. Prof SW*



Session : Confidence Boosters - communication to build confidence,
Empowering your personal presence to build confidence,
Growth mindset to build confidence.

Resource Person : Rina Baretto Shankar

Time : 1030 - 1230 pm

16/1/2023

- 1) Cleveera Dias
- 2) Achal Dharbandodkar
- 3) Rachel D'Souza
- 4) Asha Wadav
- 5) Nicole Godinho
- 6) Shabana Shaik
- 7) Mrunali Mamlekar
- 8) Bhakti Namshikar
- 9) Nikita Komarpant
- 10) Mangirish Rajiv Veling
- 11) Keelay Desai

Dias

Achal

Rachel

Godinho

Shaik

Mamlekar

Namshikar

Komarpant

Veling

Keelay Desai