

Goa University

Manohar Parrikar School of Law, Governance & Public Policy

Social Work Programme

Report on: Tribal Struggle and Policies in Goa

1. Title of the Event/Activity/program	Tools and Technique in Counselling		
2. Date and Time	21 Sep 2023 @ 11am-1:00pm		
3. Mode of conduct (Physical/Online)	Physical		
4. School/ Directorate/ Section	Monohar Parrikar school of Law, Governance and Public Policy		
5. Collaborating Agency/School/Directorate			
6. Detail of the Resource Person (Brief biodata)	Attached		
7. Number of Faculty attended/participated	1 Faculty		
8. Number of Student attended / participated	16		
9. No. of external students/faculty/other participants			
10. The objectives of the Program/activity/event	 To enhance understanding of the basic concepts, tools and techniques in working with individuals and families, in problem-solving and conflict resolution To develop counselling skills and attitudes to work with individuals and their families and the interaction with their various environments To develop attitudes and skills needed to practice in the field of counselling 		

11. Description of the Program/activity/event	This Guest Lecture was delivered by Ms. Prachi Khandeparkar a trained Psychologist and Project lead at Sangath (NGO) Concept of counselling and the skills needed for counselling was covered. Apart from this she also shared about different field related experiences that the counsellor may encountered while practicing counselling. She also cleared the myth about counselling associated with discrimination. Important use of tools like confidentiality and nonjudgement in counselling was discussed. A video clip was screen on how to be an effective counsellor with certain communication skills and body language. Counsellor and counselee Professional relationship of do's and don't was discussed. Overall it was a very effective and interactive session.
students12. Benefit/Key outcomes of the Program/activity/event	Students gained on how to maintain professional relationship with a client. Do's and don'ts about counselling. Importance of body language in communicating with a client.
13. Enclosures with report	Attached Geo-tag photos, Attendance of students/faculty, Bio Data of resource person

Signature:

Name of coordinator

Designation:

Assistant Professor.

Signature

Dean/Director/Head

Seal of the School/Directorate/University





Ms. PRACHI KHANDEPARKAR

Designation: Psychologist and Project Lead

Official Address: Sangath, 451(168), Bhatkarwado, Succour, Porvorim, Bardez, Goa, India 403501.

Residential Address: 10, Bharadwaj Building, Dr.Dada Vaidya Road, Panaji-Goa, India 403001

Mobile No: +919881207761

Email Id: prachi.khandeparkar@sangath.in

A trained Psychologist by profession. Working at Sangath, one of leading mental health research organisation in India for the last 25 years. Work primarily involves developing and evaluating interventions for children, youth and women. Currently leads the *School Mental Health Program* in Pune and Gadchiroli districts of Maharashtra and *Zippy's Friends*, a program building Coping and Resilience Skills in Primary School Children.

She has led pilot, acceptability and feasibility studies, cluster randomised control trials as well as scaling-up programs on adolescent health and well-being. Prachi has contributed to book chapter, journal articles, and presented conference papers on adolescent and young people's health.

Prachi has experience of working with national and state governments, national and international NGOs, grassroots organisations and wide range of stakeholders on programme development, training and implementation. She has worked with various types of school systems, intervention delivery agents in different parts of India and with different target groups (normal and vulnerable adolescents, women and children).

Prachi serves on the Counseling Cell of the Goa Education Development Corporation (GEDC), Govt of Goa. The cell is responsible for training supervising and mentoring around 80+ professionally trained counselors providing counseling services in around 200+ secondary and higher secondary schools in Goa under the Goa Counseling Scheme.

Prachi also works with issues such as child protection and family/domestic violence. Has served on the Juvenile Justice Board, under the Juvenile Justice Care and Protection amended Act, 2015. She has served as a member on the Goa State Commission for the Protection of Child Rights, which is a recommendatory body on child rights Ex-member on the Goa State Commission for the Protection of Child Rights, my role here involved analyzing and checking the non-implementation of existing law, policy and practice to assess compliance with Convention on the Rights of the Child, inquire into violation of child rights and recommend initiation of proceedings. Look into the matter's relating to need of care and protection of marginalized and vulnerable children. Inspect any juvenile home or place of residence or institution meant for children and inquire into complaints and take suo-motto notice of matters related with violation of child rights. Conduct trainings for parents and teachers on effective parenting and disciplinary practices

Empanelled as a Counselor for Courts of law in Goa for cases under matrimonial disputes and Domestic Violence Act.

Serves as a member on 'Sexual Harassment at Workplace Internal Complaints Committee (ICC)' for various Educational Institutions, Corporates/Companies and government departments in Goa. Role on ICC involves conducting awareness program and handle cases under the sexual harassment of women at workplace (prevention, prohibition and Redressal) Act 2013.

Prachi loves leading challenging projects, visiting new places, meeting people and spending quality time with her family.

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PRACHI KHANDEPARKAR SEPTEMBER 2022

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Guest Leatures
Prachi Khandeparkar 2/ 10/2023

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