



Goa University

**Manohar Parrikar School of Law, Governance and Public Policy & Sheno Goembab
School of Languages and Literature**

**Report on Integrated Care of Older People (ICOPE), Unravelling the Mysteries of
Alzheimer's Disease, Never too Early, never too late.**

1. Title of the Event/Activity/program	Integrated Care of Older People (ICOPE), Unravelling the Mysteries of Alzheimer's Disease, Never too Early, never too late.
2. Date and Time	12 th September 2023 2.30 to 4.30 pm
3. Mode of conduct (Physical/Online)	Physical Mode
4. School/ Directorate/ Section	Manohar Parrikar School of Law, Governance and Public Policy
5. Collaborating Agency/School/Directorate	Sheno Goembab School of Languages and Literature
6. Detail of the Resource Person (Brief biodata)	Dr. Amit Dias completed his MD in Preventive and Social Medicine from Goa Medical College. He currently serves as faculty in the Department of Preventive and Social Medicine at Goa Medical College (GMC) where he has been teaching students for the last two decades. He was awarded the Caiteano Dias fellowship to complete his Post Graduate Diploma in Geriatric Medicine at the MS Ramya Medical College in Bangalore. He also completed his Diploma in Tropical Medicine and the MSc in Clinical Trials from the prestigious London School of Hygiene and Tropical Medicine, UK. He has several research papers in National and International scientific journals and has

written chapters in several books. He was invited by the World Health Organisation to draft the guidelines for the G7 Health Minister's meeting in Kobe, Japan.


In addition to his core duties at Goa Medical College, he has been involved with a lot of social service activities, especially for the elderly in the area of Alzheimer's disease. He was awarded by the State Government on Goa Liberation Day 2018 for his contribution to Society. His work in the area of Alzheimer's disease has been recognized internationally and he has recently co-authored the Lancet paper on the prevention of dementia and Alzheimer's disease which changed the focus of management on the prevention of Alzheimer's disease. He was part of the Lancet commission on the Prevention of dementia. He is part of the guideline development group for dementia risk reduction for the WHO and also part of the Integrated Care of the Older People (ICOPE Initiative) of the WHO. He was one of the authors of the Dementia India report that was presented to the Government of India. He is the only Indian to have won the prestigious Foundation M d ric Alzheimer and the Alzheimer Disease International prize for being the best evidence-based psychosocial research for people with dementia.

Dr. Dias is the founder secretary of the Dementia Society of Goa and the coordinator of the 10/66 Dementia Research consortium in India. He is also a member of the Global Consortium for the Prevention of Depression. He was the honorary Chairperson of Sangath an internationally acclaimed NGO working in the area of Mental Health. He recently published his research providing evidence that Depression can be prevented in the elderly (Depression in Late Life -DIL Project) in the Journal of American Medical Association (JAMA).

He is the recipient of several fellowships and awards. He has been doing several research projects for the benefit of improving Public Health, on a range of health

	<p>conditions affecting the nervous system such as rabies, Japanese encephalitis, iodine deficiency disorders, polio, depression, and dementia. He also has done research on Thalassemia, Rheumatic heart disease, and diabetes in the state of Goa. He has also done a lot of research and is interested in the area of spiritual medicine and health. He also conducted several operational research projects on COVID-19 and its impact on the people.</p> <p>He believes that the medical profession is a mission and an opportunity to make a difference in the community. He firmly believes that if we have to improve Public health we need to be creative, and innovative and develop better leadership skills.</p>
7. Number of Faculty attended/participated	19
8. Number of Student attended / participated	11
9. No. of external students/faculty/other participants	10
10. The objectives of the Program/activity/event	<ol style="list-style-type: none"> 1. To Understand Dementia and Alzheimer's Disease 2. To understand Integrated Care of Older People (ICOPE). 3. To understand the role of caregivers
11. Description of the Program/activity/event	<p>During the public lecture Dr. Amit explained how Alzheimer's disease progresses and how it effects the life and daily living activities of the individual through videos and lots of examples from his field experience, Dr.Amit also focused on the role of the caretaker and the importance of making some changes to the environment of the person. Dr. Amit spoke about ICOPE where the WHO proposed evidence-based recommendations for health care professionals to prevent, slow or reverse declines in the physical and mental capacities of older people. Dr. Amit also discussed about depression in old age and how Social Workers can help in assessment and management. Dr.</p>

	Amit answered the questions from the audience.
12. Benefit/Key outcomes of the Program/activity/event	The participants understood the early and progressive symptoms of Alzheimer's, the ways to make the place more friendly and the role of the care takers.
13. Enclosures with report	Poster, Geo-tag photos, Attendance of students/faculty/external participants, Bio Data of resource person (if applicable), Any other information.

Signature: 

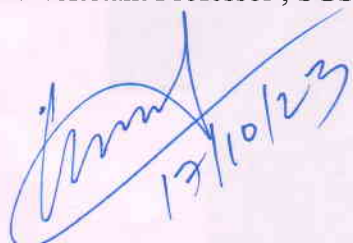
Name of coordinator: Alisha Dias

Designation: Assistant Professor, MPSLGPP

Signature: 

Name of coordinator: Shourya Dalvi

Designation: Assistant Professor , SGSL

Signature 

Dean/Director/Head

Seal of the School/Directorate/University

Date:





Dr. Amit Vias
12/09/2023

MSW

2.30.4.30

S.R.NO	Name	School	Gender	Sign
1	Clevereza Dias	HPS / SW	F	
2	Nikita Komarpant	MPS / SW	F	
3	Asha weelam	MPS / SW	F	
4	Dr Sunil Francis	MPS / SW	M	
5	Sulochana Pednekar	MPS	F	
6	Joyce Manjun	MPS	F	
7	Rachel D'Souza	MPS / SW	F	
8	Murali M. Mamlekari	MPS / SW	F	
9	Nicole Godinho.	MPS / SW	F	
10	Bhakti Namshikar	MPS / SW	F	
11	Achal Dharbandodkar	MPS / SW	F	
12	Vasudha Sawalkar	MPS / SW	F	
13	Dr. Mozinha Fernandes	DDKSSBS	F	
14	Ms. Tanya Natekar	SBSB	F	
15	Ms. Sanjeet NADKARNI	SBSB	F	
16	Prof Anuradha Wagle	SGSL	F	
17	Ms. Shoumya Datta	SGSL	F	
18	DR. SARA MAHIMA GEORGE	MPS	F	
19	MR. GODWIN AFONSO	EXAM-UG	M	
20	Mr. Sajjan L. Sawant	"	M	
21	Shabans Shaik	MPS / SW	F	
22	Dr. Kajal Riwankar	MPS / SW	F	
23	Prachi Prabhu	MPS	F	
24	Dr. Alvin C. Jose	SIAS	F	
25	Dr. Anjali Chaudhary	SGSL	F	
26	DR. INGRID ANNE P. NAZARETH	H.R.D.C.	F.	
27	Nishita Desai	Pune Arts Prof	F	
28	Preeti Verma	WST / M	F	
29	Yogita	WST	F	
30	Anne Carneiro	Exams (UG)	F.	
31	Ana Araujo	EA & AS	F.	
32	Kerim Couto	MPS / MSW	M	
33	Vinayak Pinnekar	MPS / MSW	M	
34	Tanushree Rai	French	F	
35	FRANZ SCHUBERT CARA	Portuguese	M.	

Sr. No	Name	School	Gender	Signature
36.	Aditya Sinai Bhargava	SHSL	M	Aditya
37	Ninotchka Mendu	DDKSSBS	F	Ninotchka
38	Dhanraj Aji	MPS/WS	F	Dhanraj
39	Alisha Priya	MPS	F	Alisha
40	Pallavi Korgaonkar		F	Pallavi