

Report on Guest Lecture on Reality Therapy- Take charge of your life

Title of the Event	Reality Therapy- Take charge of your life Guest lecture
Date and Time	01-08-2023 10:00 am to 4:30pm
Mode	Offline
School/Directorate	Manohar Parrikar School of Law Governance and Public Policy
Collaborating Agency	-
Detail of the Resource Person	Dr. Farida D'Silva Dias <ul style="list-style-type: none"> - MBA, MA, CTRTC, PhD - Senior Faculty, William Glasser International, Inc., USA - Chairperson, Centre for Reality Therapy India (CRTI)
Participants	6+20
Faculty attended	6
Student attended	20
No. of external participants	0
The objective/description of the activity	1) To help students of Social Work understanding the application of Reality Therapy. 2) To enable social work students to create warm, trusting relationships with clients using RT.
Benefit/Key outcome of the event	Reality Therapy is an approach that has been effective in education, parenting, leadership and management or in any situation where people need to learn how to satisfy their basic needs in responsible ways. This workshop enabled the Social Work Programme students to understand their basic wants of Survival, Love and belonging,

Power, Freedom and Fun through a set of guided activities. The students were made to become aware of their behaviors, and assess the reasons of the choices they have been making, they self-evaluated their choices and learnt to plan for actions that will create the life they want to live by using the Choice theory.

Alisha

Signature

Name: Alisha G. F. Dias

Designation: Assistant Professor

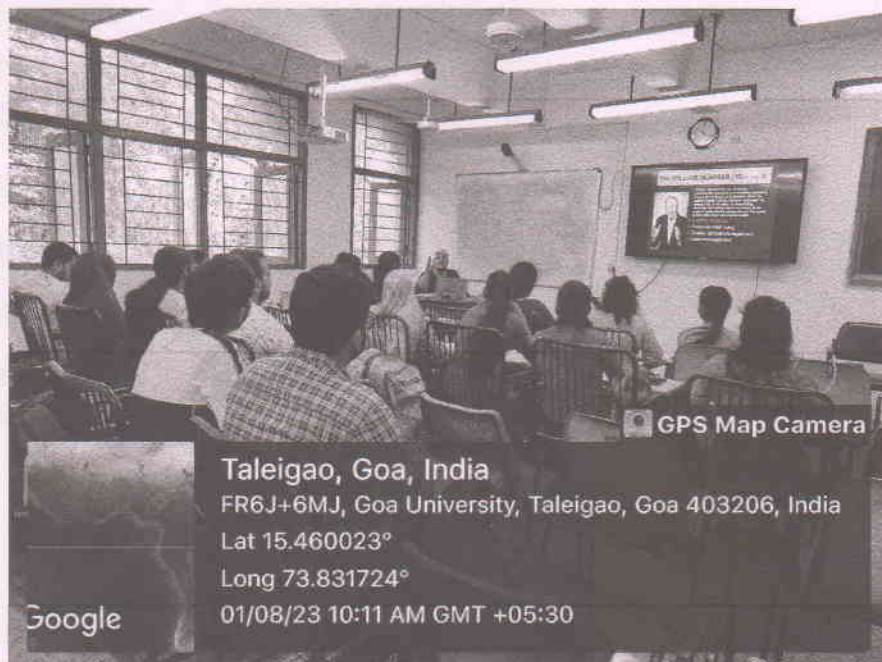
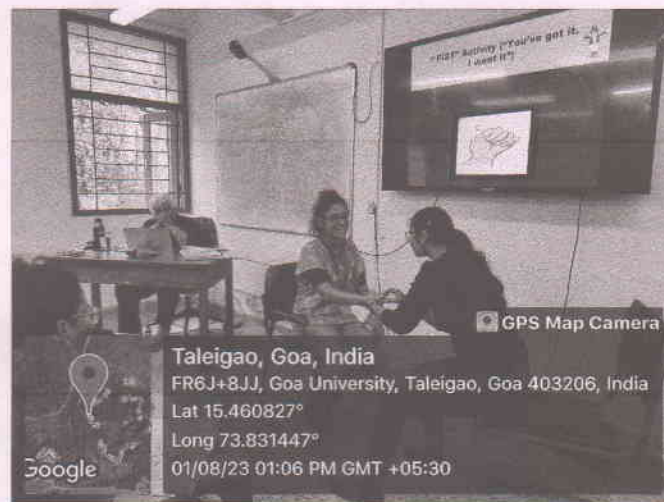
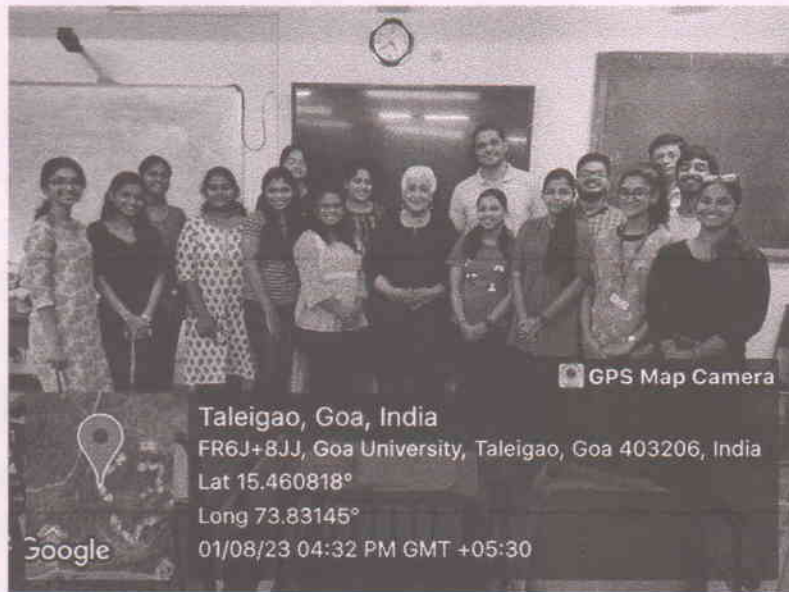
Social Work Programme

Manohar Parrikar School of Law Governance and Public Policy



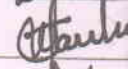


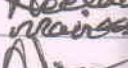

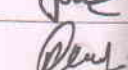







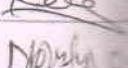




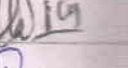



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03/08/2023
Prof. Rajendra S. Gad

Dean, Manohar Parrikar School of Law Governance and Public Policy





Date - 01-08-2023 Dr. Farida D'Silva, Dibs
M.B.M. Therapeutic counselling.

S	SR.NO	Name	Gender	Signature
	1	Sulochana Pednekar.	F	
	2	Prachi Prabhu	F	
	3.	Joyce Manjun	F	
	4.	Shabana Shaik	F	
	5.	Nikita Komarpant	F	
	6.	Desai Neelam Guwaji	M	
	7	Divya Kerkar.	F	
	8.	Veling Mangirish Rajiv	M	
	9.	Achal P Dharbandekar	F	
	10	Asha B. Wadkar	F	
	11	Cacher D'Souza	F	
	12	Nicole Godinho Mia Godinho	F	
	13	Uilo Miranda	F	
	14.	Pranali Gaonkar	F	
	15	Poonam D Malik	F	
	16	Bhupali Gaonkar	F	
	17	Koushiki Richhariya	F	
	18	Nery Aroso	M	
	19	Shaun Jones Samuel	M	
	20	Kevin Couto	M	
	21	Deepaksha Velip	F	
	23	Bhakti Narsikar	F	
	24	Clevereza Dias	F	
	25.	Dr. Kayal Rivankar	F	
	26	Dr. Sunil Francis	M	